



Front-page News

"Rifugi del gusto" as autumn trekking destination



You find the "Rifugi del gusto" brochure at the Tourist Offices, which describes the activity and the delicacies offered in the menus (there are also the recipes to try). In the back the attachment with the refuges' map subscribing to the initiative (foto: Trentino Sviluppo).

Trekking lovers do know that among the best periods to hiking, there are also the first autumn's weeks, when the morning air is a fresh breeze and the sunsets colour the Dolomites into intense orange shades. The initiative "Rifugi del gusto – Refuges of flavour" is dedicated to them, but not only. In fact, it combines very well hiking with taking a break in pleasant huts, where to taste typical local dishes. There are 46 refuges subscribing the project, whereof 11 are in Val di Fassa. Every weekend, from 21st September to 6th October, you can live 2 days at high altitude: on Saturday the outing with the guides towards the refuge, a typical dinner, an overnight, breakfast and the possibility to hike again on Sunday with the alpine guides and packed lunch (prize: 49 € each person).

Easy walks

In search of the upper part of Soraga

Start this "Easy walk" at the playground in Soraga: cross the gangway and turn left along the Avisio River. Ascend a ramp and take the forest road that descends from the Soraga Alta - Upper Soraga. Walk the flat footpath towards Hotel La Molinella and thence ascend upwards. Go beyond a gate and go straight on. At a crossroads, turn right and follow the indications for "Percorso Natura – Fitness route". The ascent, steep in some stretches, fades away, turning into a flat road that descends on the right on an easy path among the meadows surrounding the Upper Soraga. You will walk among the first houses and, following the right, walk on the last part of the street Strada de Ghergele. Keep going on the dirt road towards Avisio River and the gangway you spanned at the starting point.

Passepartout

Here the mushroom ask for permission

It was not a really generous season for them up to now, but the warm temperature of the first days of September gives faith to mushrooms' lovers. Mushrooms are not only delicious gifts of wood's life, as they can convert all what lies on the green carpet in nourishment and water. In Val di Fassa mushroom picking is regulated, therefore the activity must be declared in one of the seven municipalities or at the Tourist Information Offices in the valley, where paying-in slips to be used at the post office can be collected. An amount that varies depending on the duration of picking (from a minimum of 10 euro for 1 day to a maximum of 60 euro for 1 month). Mushroom picking is allowed every day of the week from 7 a.m. to 7 p.m. and each person can pick up to 2 kg a day.

Did you know that...

"Cercenà" or "cercenade" are toponyms likely to encounter in the Dolomites' valley. You find them in Canazei in Val di Fassa, but they are also in the near Prdazzo in Val di Fiemme and in some areas of the Province of Belluno, nearby the Fassa's borders. The word comes from the Ladin verb "cercener", which means to cut the wood in a specific area in order to turn the area into a pasture. Another toponym connected to the alpine life is Munciòn-Monzon, picturesque hamlet over Pera, whose name probably derives from "monteson", that means "putting out the cattle to pasture".

To participate in the initiatives for guests is compulsory to register at least one day in advance at the Tourist Offices of the Val di Fassa Card (ask your employer accommodation). The activities are reserved for guests of the associated structures all'Apt Val di Fassa.

Some events of the day

"L Malghier"

Pozza di Fassa

8.30 am – 12.30 pm and 4 – 7 pm – Caseificio Val di Fassa dairy, Pera. The section displaying the cheese processing is the novelty of the Ladin Museum. On exhibition you can find ancient tools, images and footages showing the evolution of dairy production right up to the present day.

The Great War findings

Canazei

10 am - 12.30 pm and 2-5.30 pm - Fedaia. At the 1914-18 Great War Museum documents and war findings brought to light on Marmolada.

Witches' spoors

Vigo di Fassa

5.00 – 7.00 pm – Heilmann room, Ladin Museum. Exhibition of the works inspired by witches by Mariano Vasselai, painter and sculptor from Fiemme.

The complete schedule of events is available in the tourist offices of the valley.

Initiatives for our guests

12/09/2013 (8.30 am)

Around the mountain dairies: taste the genuine flavours of Contrin (outing against payment).

Canazei

12/09/2013 (9.00 am)

"Il Sentiero incantato – Fairy path" on Buffaure. Booking at the Tourist Offices (ropeways upon payment).

Pozza di Fassa

We thank

