Suggestions and tips for your holiday. Edited by Apt Val di Fassa

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## Front-page News

# "Te anter i Tobiè": customs around the village



In the picture: "Forgian", mascot of "Te anter i Tobiè". The program (in the tourist offices) includes itinerants performances of folk groups, cooking demonstrations, talkings about The Great War and much more, both on Saturday and Sunday (11.00 a.m. - 12.00 a.m.).

# Easy walks

### From Campitello to Cherpei

This easy walk starts from the picturesque and typical centre of Campitello: walking along Strèda de Morandin street and then going through Strèda de Col da Faè street, you will cross the oldest part of the village. Walk for few metres along Strèda de Cherpei street and then go straight along Strèda de Crousc street. Ascend the ramp that you will find next to the last house and keep the right, proceeding towards the ski lift along a path flanked by green bushes. Before getting to the ski lift, follow the grassy track that crosses its track, ten metres below the last shaft. Continue walking on the path in order to reach, after a short ascent, the hill called Cherpei. The spot is shady, perfect to relax and let children play freely. Come back to the village along the same path.

The haylofts spread their doors: and it all begins! After yesterday evening's presentation parade of the organising groups, today (and tomorrow), from 11.00 a.m. in Canazei, everybody immerses into "Te anter i Tobiè", (among the haylofts), the local event which most brings back in time, giving new life to ancient Arts, crafts and traditions. In the narrow streets of the ancient village which twist and turn next to the small square and San Floriano's Church, the haylofts and the historical houses host artists, craftsmen and peasants, showing ancient crafts. In every corner you can taste the delicacies of the local art of cooking, all spiced with loads of folk music and the local groups dancing traditional dances, explained to public step by step, as well as the traditional costumes.

## **Passepartout**

#### So much health from water!

Bacteriologically pure and rich in mineral salts. This is the natural water which flows out from the spring Aloch in Pozza, born at 1.320 m, by the sedimentary rocks of Bellerophon, in the chain of Monzoni (with a constant flow rate of 11 l/s). The fame of the only sulphuric spring of Trentino and its properties has been known for centuries: the therapies at the "bagn da tof" of Aloch were quoted in Prince Bishop Odorico Trundsberg from Trento's documents (end of the XV Century). Here you can benefit of aerosol and hydroponic therapies, mud baths and balneotherapies, but also of treatments ideal for your wellness. The thermal spring of Aloch supplies the modern centre "Terme Dolomia" (info at: 0039 0462762567), also partner of the National Health Service.

## Did you know that...

In several places of the valley, such as Ciampac in Alba, you can see many dark rocks. These are underwater lava, dating back to more than 230 million years ago, witnessing the intense activity in the past ages. The hot lava, used to come out from the channels and get in contact with the cold water of the sea, solidifying in a "pillow" structure. The outer surface of this "pillows" cooled more quickly than the inner part and, shrinking, often used to break like bread crust, creating concentric layers' structures.

To participate in the initiatives for guests is compulsory to register at least one day in advance at the Tourist Offices of the Val di Fassa Card (ask your employer accommodation). The activities are reserved for guests of the associated structures all Apt Val di Fassa.

## Some events of the day

## "Des Etoiles" on stage

#### Soraga

9.00 p.m. – "La Gran Ciasa". The multi-functional centre of the village, inaugurated just a week ago, becomes the stage of a successful musical, with famous melodies as soundtrack of complex choreographies. Here nothing is left to chance, starting from the stage costumes.

#### Towards Gardeccia

#### Vigo di Fassa

9.00 a.m. – Ciampedie. Naturalistic excursion to learn the mountain environmental features, in the heart of the Catinaccio chain.

#### The water sawmill

#### Canazei

10.00 a.m. – 12.00 p.m.; 3.00 p.m. – 7.00 p.m. – Strèda de Ciamp Trujan, Penia. Visit to "La Sìa", ancient Venetian sawmill of the Ladin Museum.

The complete schedule of events is available in the tourist offices of the valley.

# Initiatives for our guests

#### 06/07/2014 (8.30 a.m.)

The Great War on San Pellegrino Pass. Booking at Sport Check Point (activity against payment).

Moena

#### 06/07/2014 (9.00 a.m.)

Val San Nicolò MTB. Booking at Sport Check Point (activity against payment).

Pozza di Fassa

#### We thank

