



Front-page News

The 17th Dolomites Skyrace "fuels up" with runners



The records of Dolomites Skyrace, that athletes will try to break today, belong to the star of skyrunning Kilian Jornet Burgada that registered the best time in 2013 with 2h 00' 11" and to Emelie Forsberg that won in 2012 with 2h 26' 00".

On the start line, today at 8.30 a.m. in Piazz Marconi square in Canazei, there will be almost 1100 sky runners, from 33 countries, ready to fight to conquer the 17th Dolomites Skyrace, part of the Skyrunner World Series. Even if there will be a close group of top-skyrunner fighting for victory, - such as, among men, the much strong Kilian Jornet Burgada and among women Emelie Forsberg - all participants want to perform well in this challenge that, thanks to its perfect organization and the wonderful landscapes is among the most loved. The run develop on a track of 22 km, of which almost the half is uphill, through Forcella Pordoï (2829 m) and Piz Boè (3125 m) and, then, 12 km of descent through Val Lasties and Pian Schiavaneis towards Canazei.

High-level walks

From Ciampedie to Passo Coronelle at Gardeccia

The cable car takes you from Vigo up to Ciampedie (1.998 m), where you can take path n. 545 to Roda de Vael refuge (2.283 m; 1,45 h). Continue then on path n. 549, to the southern layers of Majaré. At high altitude make for the western face of Roda de Vael, leading to the refuge A. Fronza (2.339 m; 1,30 h; 3,15 hs). After passing the rock way, at the crossroads turn right towards the rill that leads to Passo Coronelle (2.639 m; 1h; 4,15 hs), from where you descend the pebbly path to the Davoi hollow. At the crossroads turn left on path n. 541 and passing below the east face of Catinaccio, through an easy path, reach the route that ascends to Preuss and Vajolet refuges. The descent to Gardeccia is on your right (1,15 h; 5,30 hs.); afterwards head to Ciampedie (0,45h; 6,15 hs).

Passepartout

Migone on stage, "totally uncombed"

An hilarious "bare laying" on the surreal and tragicomic aspects of the eternal love play between men and women, with interchanges between characters and emotional peaks, in a comical amalgam. This is "Completamente spettinato" (totally uncombed), a really amusing show by Paolo Migone, the famous black-eyed comic actor from Zelig (famous Italian TV program), that will be presented tonight at 9.00 p.m. by the events pavilion in Pozza. Ten years after its debut on stage, Migone represent his show, renewed and more involving than ever, thanks to the experience matured during this 20 years. Migoni (born in Saint Paul in Brazil in 1956) is great in presenting the lack of communicability between men's and women's universe, able to enlighten the shining, through funny and always new gags.

Did you know that...

Among the proverbs of Val di Fassa, there are 4 connected to the weather: "Canche l pief l desch soreie la stries se lava le oreies" (If it rains with the sun, the witches wash their ears); "L vent e l temp i a enseghit prescia de jir olà no se sa" (Wind and weather are hurried to go, but we don't know where); "An da neif, an da pan, bon angern bon doman" (Snowy year, year good for bread, good yesterday and tomorrow); "El temp no a pester. El fesc chel che l vel" (The weather hasn't got any master. He does whatever he wants).

To participate in the initiatives for guests is compulsory to register at least one day in advance at the Tourist Offices of the Val di Fassa Card (ask your employer accommodation). The activities are reserved for guests of the associated structures all'Apt Val di Fassa.

Some events of the day

Maddalena's eyes

Mazzin

9.00 p.m. - Parish church. The association "Figli della Luce" presents a sacred talk about Maria Maddalena, to look at the Gospel through the eyes of a witness. The meeting is the second appointment of "Ispirazioni d'Estate", promoted by the deanery of Fassa.

Market in the town-centre

Campitello di Fassa

9.00 a.m. - 7.00 p.m. - Piazz de Ciampedel square. Unmissable appointment for shopping lovers to shop around the stands.

Marco and Gianni dance

Vigo di Fassa

9.00 p.m. - Piazz de Vich. With Marco and Gianni we will dance on valzer, mazurka and polka and the events programme of the village will be presented.

The complete schedule of events is available in the tourist offices of the valley.

Initiatives for our guests

21/07/2014 (8.30 a.m.)

Among the loggers. Booking at Sport Check Point (excursions against payment).

Moena

21/07/2014 (5.00 p.m.)

Workshop for adults, introducing the geology of Fassa: thousand-year-old mountains.

Vigo di Fassa

We thank

