



TODAY TOMOR.

## Front-page News

### "Canederlo", the big party!



There are several possibilities of tastings offered by the festival: three portions of savoury "canederli" for € 12; one portion (sweet or savoury) for € 5; a wine tasting of wines from the province by Azienda Benazzoli Onorio for € 2,50.

With smoked ham in broth, made of black bread and "Stica" cheese with molten butter and cabbage, made of spinaches with Cher de Fasha fondue or sweet with vanilla sauce. These are the four tasty variations of "canederli" to taste at the "Festa del Canederlo" (Knödel Festival), tonight at 8.00 p.m. in Piazz J.B. Massar in Vigo, promoted by "Müsega da Vich", the local music band born in 1820. Canederli, one of the most representative dishes of the Ladin cuisine, will be accompanied by fruit juices and wines from the Province. The festival, organized with "Le Strade del Vino e dei Sapori del Trentino", reserves also an amusing corner for children: "I did it!", a cooking lab where children can indulge their whims with creativity (booking at the tourist office in Vigo, € 3).

## High-level walks

### From Fuciade to Cirelle pass in Alba

To undertake this thrilling track, drive from Moena to San Pellegrino Pass, park and reach Fuciade Refuge (0,40 h). From here, take the steep path no. 607 that arrives through a taxing gravel slope at Cirelle Pass (at 2.683 m), with an altitude gap of 700 metres. The landscape is extraordinary from this saddle, and you can admire the most beautiful peaks reaching 3000 m: southward the Pale di San Martino, westward the ridge of Cima Uomo, in front of you Cima Ombrettola and Sasso Vernale, beyond which you can recognize the imposing vertical face of Marmolada. Keep going on path no. 607 that descends through broad gravel gullies and, underneath Sasso Vernale, turn left towards Val Contrin and the namesake refuge (2015 m; 6,10 hrs.). From here, walk down to Alba di Canazei on path no. 602 (1 h).

## Passepartout

### Along ancient tracks in Trentino, between Sacred and profane

His passion for walks has brought the writer from Trentino Fiorenzo Degasperì to publish recently "Passeggiare in Trentino. Per vie antiche tra sacro e profano" (Strolling around in Trentino, Along ancient tracks through Sacred and profane), that he will present today at 9.00 p.m. by the Town council meeting room in Canazei. Degasperì illustrates 35 tours in his book: 20 in Trentino – some in Val di Fassa – and 15 in South Tyrol, all characterized by stories and legends about the areas they walk through. A way to know not only nature and panoramas, but also culture, Art and local History. The walks, particularly suitable for families and almost all apt to be covered in any moment of the year, are described minutely and enriched with pictures, maps, useful telephone numbers, rest stops, inclines and travel times.

## Some events of the day

### Sound by "Gamma3"

Canazei

5.00 p.m. - Dòlaondes. Kenn Bailey (voice, sax), Michele Bonivento (keyboard) e Francesco Casale (drums) inaugurate "Ciampac & Buffaure Summer Festival". The music festival has been proposing quality music at altitude for years (even if today it will take place down-river, because of rain).

### When the fisherman is a puppet

Mazzin

5.00 p.m. - Palua, Campestrin. Fagiolino is the nice protagonist of the show by Centro Teatrale Comiani di Mantova.

### Enrosadira singing

Soraga

9.00 p.m. - La Gran Ciasa. The choir from Moena directed by Barbara Pedrotti, performs popular songs in Italian and Ladin.

*The complete schedule of events is available in the tourist offices of the valley.*

## Initiatives for our guests

30/07/2014 (8.30 a.m.)

Around the mountain dairies: so many aromas to appreciate at Secine (excursion against payment).

Vigo di Fassa

30/07/2014 (9.00 a.m.)

Electric MTB tour. Booking at Sport Check Point (excursion against payment).

Canazei

## Did you know that...

Once upon a time, the inhabitants of Mazzin, Campestrin and Fontanazzo could reach Val Gardena or Castelrotto along the steep paths through the valleys Val Udai and Val di Dona, in order to trade food and wares. Actually, they did not like these pathways, and preferred to walk along the valley bottom and then ascend the dirt roads departing from Pera and Campitello. Here there were more frequented roads (that means less dangerous) and above all not as inaccessible as the others to carry heavy wagon with products, food and provender.

*To participate in the initiatives for guests is compulsory to register at least one day in advance at the Tourist Offices of the Val di Fassa Card (ask your employer accommodation). The activities are reserved for guests of the associated structures all'Apt Val di Fassa.*

We thank

