



## Front-page News

### Red4Quartet: Womens' "sounds"



The concert of Red4Quartet (in the picture) takes place nearby Rifugio Contrin: from Alba di Canazei (park nearby the lift of Ciampac), following path n. 602 (2.30 hrs walking). In case of rain, the concert takes place at 5.00 p.m. at the cinema in Canazei.

"Four musicians of the orchestra from Accademia Nazionale di Santa Cecilia, for whom seeing each other from a part of the stage to the other wasn't enough". This is how the Red4Quartet, in concert for the festival "The Sounds of the Dolomites", today at 1.00 p.m. at Rifugio Contrin over Alba di Canazei, presents itself (on facebook): Marlène Prodigio (violin), Lavinia Morelli (violin), Sara Gentile (cello) e Anita Mazzantini (double bass), artists gathered by the joy of playing a wide repertoire, ranging from classic to contemporary, from Rossini a Piazzolla. Red4Quartet proposes original tracks, some rearranged and others created on the formation of the quartet, that last March exhibited even at Montecitorio for the "International Womens' Day".

## Easy walks

### From Pera to La Regolina

This easy walk starts from Strada de Cadenac street in Pera di Fassa: walk skirting the stream Ruf de Soal, cross it and take Strada de Rualp street towards the hamlet of Monzon. Here take the track that goes along the Via Crucis. The landscape becomes more and more pleasant as you ascend. After having reached the centre of Monzon, one of the most picturesque hamlets in the whole Val di Fassa, go on leftwards, following the signs for the refreshment point Baita La Regolina. Passing over the restaurant you will soon get to a crossroads. Take the path that goes to the left and, after a short time, you will come to an easy path that skirts the ski slope and passes under the chairlift. Keep going along this easy road that goes back to Pera, finding yourself again on Strada de Cadenac street.

## Passepartout

### Matches on the grass of the Fairy

Match after match, to conquer the victory. Today on the all-wheatear fields of the Navalge centre in Moena, the 3rd Open Val di Fassa Tournament starts, men single organized by the Tennis Club Moena and sponsored by Cassa Rurale Val di Fassa e Agordino. Several players, from 14 years (categories), coming from different areas of Italy, will face until Sunday, the 17th of August to reach the final, that sees among its most probable candidates the most qualified players, such as Giacomo Oradini and Alessandro Motti. Up for grabs a jackpot of 3200 euros, to add to one week holiday in Moena, the Fairy of the Dolomites, and weekly ski passes for the "Trevalli" ski area. The awards will be appointed to the classifieds from the first to the eighth position (and the winner will be awarded with € 1000, holiday and skipass).

## Did you know that...

Glaciations during the Quaternary period occurred in the last million of years hit also Val di Fassa, especially the most recent one, called Würm. At that time, ice covered wide territories, for example the valleys Val San Nicolò and Val Monzoni - which joined at the actual Malga Crocifisso - where the ice had a very thick layer. The ice melting entailed a strong pressure of the ice on the lateral faces of the mountains and an important erosion: when the ice melted definitely, several collapses affected the base of the Maerins, today covered in part by the wood.

To participate in the initiatives for guests is compulsory to register at least one day in advance at the Tourist Offices of the Val di Fassa Card (ask your employer accommodation). The activities are reserved for guests of the associated structures all'Apt Val di Fassa.

## Some events of the day

### Melodies under the stars

Canazei

9.00 p.m. - Strèda Dolomites. The traditional appointment with local music and folklore returns on the main streets of the village and in the most characteristic squares, that become a singular stage. Beyond the exhibition of bands and groups, shops open and delicacies to taste.

### The artists' market

Vigo di Fassa

7.30 a.m. - Strada Roma street. From early morning, it is possible to shop among the stands that expose the products of local artistic craftsmanship.

### Minichef at work

Moena

5.00 p.m. - Library. Alpine Pearls square. Young aspiring cooks have fun preparing tidbits, during a nice cooking course.

*The complete schedule of events is available in the tourist offices of the valley.*

## Initiatives for our guests

08/08/2014 (8.00 a.m.)

Ferrata on the Marmolada with the guides. Booking at Sport Check Point (activity against payment).

Canazei

08/08/2014 (8.30 a.m.)

Around the mountain dairies: the alpine farm at Bocche (excursion against payment).

Moena

We thank

