Suggestions and tips for your holiday. Edited by Apt Val di Fassa

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## Front-page News

# The "Mèscres" at the country fair



"El Grop de la Mescrès de Cianacei e Gries" was born many years ago and remained active until the Seventies, when because of several reasons it broke up. In 1997 it has been re-formed (for the first edition of "Te anter i Tobiè") and now it is the soul of many fairs.

# Easy walks

#### From Moena to Malga Roncac

To discover Moena's surroundings: cross the picturesque hamlet of Sorte and ascend till the turn before the restaurant Malga Panna. From here turn right into the path "Roncac-Col Ros e Costalongia". After a short ascent, the route becomes flat and faces the Valley of San Pellegrino, visible because of the absence of the wood. Continue walking, cross the bridge and ascend a bit. The path flattens again and arrives into the forest road that brings you to Costalunga. Now descend on the right along a large track, cross Rif de Costalongia stream and walk till you reach Malga Roncac. Proceed to the hamlet on Strada de Roncac, Strada de Even and Strada de la Madonina streets, pass by the Church and the fountain "del Dante": from here you can go back to the centre (2 hrs.).

You will hear their "bronsins" (cowbells fastened to gun belts), echoing from far away and thanks to this call you will easily reach the square next to the roundabout in Strèda de Pareda, where the country fair of "Grop de la Mèscres de Cianacei e Gries" takes place. The masks group of the village, that keeps alive the ancient traditions about the most important profane cycle of the year, offers in the middle of the summer a tast of the traditional carnival of Fassa, unique for its characters and rituals in all the Alps, with an extraordinary exhibition at 3.30 p.m. Actually, the programs sees at 11.00 a.m. the merry music notes of "Werni", the possibility to taste typical dishes of the Ladin cuisine until 11.00 p.m., while from 7.00 p.m. much folk music to dance with "Die zwei Hoderlumpen".

## **Passepartout**

#### Running around "Set Mases"

"Set Mases" (Seven farmhouses) noncompetitive run celebrates its 40th anniversary plunged in a sport and joy mood, calling many passionate runners to the village of Soraga. Also today at 10.00 a.m. at Vischia de Sach park, runners desiring the victory, but also simple passionate runners meet at the start line. Passionate runners of all ages are the most numerous and face the competition mostly for the joy of moving in the open-air along an itinerary that is tied to the village's origins. The track, in fact, develops along 8 km, among the 7 ancient farmhouses set on the Avisio alluvial ground, that were the first housing units of Soraga. It is possible to enrol to the run, organised by 3Esse sport association, until few minutes before the start (€ 10).

#### Did you know that...

At the end of the 18th Century, Alba was already connected to the hollow of Fuciade, near San Pellegrino Pass, by a fairly popular path. The itinerary headed to Veneto and was duty-free and without any boundary spots, created only after 1866 (after the second Italian independency war). The route was long but easy, comfortable for those who had wares to carry. From Alba, this ancient route goes up to Val Contrin and, after never-ending screes, arrives to Cirelle pass, the only difficult passage because it was snowed until summer. Afterwards, the track goes down to Fuciade and to

To participate in the initiatives for guests is compulsory to register at least one day in advance at the Tourist Offices of the Val di Fassa Card (ask your employer accommodation). The activities are reserved for guests of the associated structures all'Apt Val di Fassa.

## Some events of the day

#### Turkish parade

Moena

All day long – Turchia quarter hood. After the breakfast, at 7.30 a.m., food and craftsmanship stands open at 10.00 a.m. and the Turkish group "Kocaeli Eitim Gençlik Ve Spor Kulubu" parades and performs from 11.00 a.m. At 9.00 p.m. Enrosadira choir in concert and music with "Eros e Oscar".

#### At the market as a hobby

Campitello di Fassa

9.00 a.m. – 7.00 p.m. – Piaz de Ciampedel square. On the stands, many craftsman and homemade products made by passionate artists.

#### San Lorenzo's festival

Pozza di Fassa

9.00 p.m. – Pera's centre. Music band from Pozza's parade and commemoration of the patron's martyrdom with tasting and entertainment.

The complete schedule of events is available in the tourist offices of the valley.

# Initiatives for our guests

11/08/2014 (3.00 p.m.)

Among bio-agriculture fields. Booking at Sport Check Point (activity against payment).

Pozza di Fassa

11/08/2014 (5.00 p.m.)

Introductory workshop about the geology of Fassa: rocks and minerals Vigo di Fassa

We thank

