



## Front-page News

### "Sella Ronda Bike Day": a party on 2 wheels



To keep the memory of this incredible day you can buy the official t-shirt of the event (even on [www.shop.valgardena.it](http://www.shop.valgardena.it)): it costs 32 euro, 1 of which goes to the group "Arcieri del Piave" (Photo: archive "Sellaronda Bike Day").

When the 4 most famous passes of the Dolomites are closed to traffic, they become irresistible to cyclists. The Sellaronda Bike Day today will captivate the attention of numerous bike's fans. And what if the record of 20.000 participants in 2012 was passed. Last year many of them started in Canazei, one of the favourite gateways to the tour. Asphalt streets and roads full of hairpin bends let people ride from 8.30 am to 3.30 pm, while enjoying the landscape along the track that links the passes Gardena, Campolongo, Pordoi, Sella (altitude gap 1780 m). Though the event isn't a race, for security standards it is recommended to wear a helmet and undertake the circuit in its anticlockwise version, keeping a moderate speed as there will be riders of all ages.

## Amazing walks

### From Mazzin di Fassa to Val de Udai

From the centre of Mazzin walk up Street do Ruf and the forest road Val de Udai (path no.580). After passing a bridge, walk on a steep asphalt road and you arrive at path no.579. Cross now the gravel bed of the river and then Rif (= river) de Udai. Got in the wood, ascend towards the fortification of Zocol and its beautiful waterfalls. After few hairpin turns you arrive on a flatland, cross the stream and get to Pian de Udai. Continue to walk up, crossing several times the stream. Keep going upwards and diagonally on the grassy slope you will exit on the upper side of Val di Dona (2,30 hrs). You descend now with path no.577 to Fontanazzo (1,45 h) or to Campitello (paths no.578 and 532) crossing the meadows towards Camerloi, Pas de Ciaréjoles and Val Duron (2,30 hrs).

## Passepartout

### "Val di Fassa Running" starts in a rush

More than 360 athletes are enrolled for the whole running week, while others have chosen just single stages of "Val di Fassa Running". The 15th edition of the event for expert and specialized runners starts today with a good dash. The trail lets the participants cross the most enchanting panoramic points of the valley. The race touches not only the paths on the valley bottom, but also forest roads and paths at high altitude. The today's stage takes off from Alba di Canazei, beautiful village, at 3 p.m., on a trail which is 10,8 km long, ideal for the top runners - who are expected to dash at the top positions - to warm up their muscles. The competition is a mix of emotions, thrills and fighting spirits and ends with the final stage on 28th June at Alpe di Lusia.

## Did you know that...

In the past centuries, the people of Val di Fassa and the other Ladin population around the Sella group relied principally on agriculture and breeding. From the 19th century, the artisan woodcarving has been given a substantial boost, especially the construction of toys. The people of Fassa used to carve them raw, and sold them in Val Gardena, to be decorated. According to some documents of Val Gardena, the amount of exported products, partially realized by the people of Fassa, reached 250 quintals. In 1850 they sold 1873 quintals, and in 1890 5.500 quintals.

To participate in the initiatives for guests is compulsory to register at least one day in advance at the Tourist Offices of the Val di Fassa Card (ask your employer accommodation). The activities are reserved for guests of the associated structures all'Apt Val di Fassa.

## Some events of the day

### "Sèn Jan" is a party

Vigo di Fassa

10.30 am - Chapel of San Giovanni - The church, worship centre of the valley, dates back to 1227, and celebrates today the mass for San Giovanni Battista, parish's patron. Music and refreshments follow in the area in front of the Chapel.

### Music and show with Fulvio

Pozza di Fassa

9.00 pm - Piazza de Comun. Musical entertainment by Fulvio alternates with the presentation of the week events of the village.

### That findings of the Great War

Canazei

10 am - 12.30 pm and 2-5.30 pm - Fedaia Pass. Documents and war finds brought to light on Marmolada are on exhibit at the Great War Museum.

*The complete schedule of events is available in the tourist offices of the valley.*

## Initiatives for our guests

24/06/2013 (h: 17.00)

Introductory workshop for adults to the geology of Val di Fassa: mountains came from the sea.

Vigo di Fassa

25/06/2013 (h: 9.00)

Climbing course for children (7-14 years old): at the marmot's gym.

Canazei

We thank

