



TODAY TOMOR.

## Front-page News

### Pasture' stories at "A pè ta Mont"



You reach Fuciade, in the municipality of Soraga, from San Pellegrino Pass via an easy path (40 min). At 11 a.m. the Holy Mass in the tiny Church of the hollow. You can participate to "Click. A pè ta Mont I was there" to share your photos on Facebook and Twitter.

The entrancing Fuciade hollow, nearby San Pellegrino Pass, hosts today at 9.30 a.m. "A pè ta Mont" (on foot in the pastures, in Ladin), one of the most striking festival of the summer in Val di Fassa. The program shows a historical representation of the farm's life, with the arrival of the farm family of yore together with the wagon, displaying the ancient occupation. Moreover, you can both listen to music and taste the most flavoursome delicacies of the Fassa's cooking with the polish "Gourmet d'alta quota", organized by the Chef from Soraga (booking: + 390462768107). In the afternoon there's the inauguration of "Alla scoperta del Cher de Fasha", the week dedicated to the excellent cheese of "Melga de Fascia", with finger food and wine from Trento (4 euro).

## Easy walks

### From Canazei to Ciasates a Gries

From the centre of Canazei run down the street Strèda de Roma and take the street Strèda de Cercenà on the left. Span the bridge on the Avisio River, and after few meters walk following the left side on a higher footpath that skirts upward the park of the Residence Villa Avisio. Continue beyond the plank that signs the limit of meadows, walking by the ski lift Avisio, and then descend to the stream following its bank for some time. You then cross a little wood, and after a short ascent, you will walk down again near the stream. Walk nearby a wide summer pasture, thereafter a wood cobbled with a gorgeous moss-covered carpet of several species. You come out then on the state road near the Pènt (=bridge) de la Roa. Span it and come back to Canazei through the street Strèda de Parèda.

## Passepartout

### The first "Treival Skyrace" kicks off

Today at 8.30 a.m., the first "Treival Skyrace" running race kicks off from the playground Piciocaa in Pera. The skyrunners cover a track of 27 km (attitude gap: ascent 1950 m; descent 1847 m), and start ascending from the very beginning to Malga Giumela and Sella Brunech. After a stretch on the ridge till the Refuge El Zedron, the descend to the mountain hut Baita Cuz, cross the San Nicolò valley, follow the "Strada de Rusci", ascend to Palacia (2258 m), reach the Mountain hut Malga Monzoni, pass under the Cima 11 until Ciastel, and finally dash to the finish line located at the end of the ski slope Ski Stadium Aloch. The arrival of the first athletes is around at 11.30 a.m. Everybody is invited for the lunch at 12.30 pm at Padiglione Manifestazioni. Afterwards the prize giving at 3.00 p.m.

## Some events of the day

### Parade Mato Grosso

Pozza di Fassa

9.00 pm – Padiglione Manifestazioni. Clothes, knitwear and accessories on exhibit, made by the youngsters of the Operazione Mato Grosso located in Perú, Bolivia and Ecuador. The event is organized in collaboration with the stylist Luigi Dell'Amico who participates to the solidarity project.

### Whoopee to the market

Campitello di Fassa

9.00 am – 7.00 pm – Piazz de Ciampedel. Many stands fill the very centre of the village selling local handicraft and hand-made products.

### Let's dance tonight

Vigo di Fassa

9.00 pm – Piazz de Vich. Polka, valzer tango and mazurka played by the duet "Daniele e Gianni" gladden the atmosphere for the event presentation.

*The complete schedule of events is available in the tourist offices of the valley.*

## Initiatives for our guests

19/08/2013 (5.00 pm)

Introductory workshop for adults on Val di Fassa's geology: Monzoni Museum.

Vigo di Fassa

20/08/2013 (9.00 am)

Climbing course for youngsters (7 - 14 years old): here the little Spiderman grow up.

Canazei

## Did you know that...

"Lo che i pré d'istà l'è dut, l'è dut 'n fior e che monc e ciel i à 'l più bel color, lo che se pel göder pasc de paradis, lo l'è Val de Fascia, lo l'è mie paisc" ("There, where the meadows in the summer are plenty of flowers, and the mountains and sky have the most beautiful colours; there, where you can enjoy a piece of heaven, there is Val di Fassa, there is my land", in Ladin). This is the refrain of "La Cianzon de Val de Fascia", valley's Hymn. The music, which is particularly poetic, is composed by Luigi Canori (1908- 1991), while the text by Francesco Dezulian del Garber (1898-1986).

*To participate in the initiatives for guests is compulsory to register at least one day in advance at the Tourist Offices of the Val di Fassa Card (ask your employer accommodation). The activities are reserved for guests of the associated structures all'Apt Val di Fassa.*

We thank

