



GOOD MORNING VAL DI FASSA



TODAY



TOMORROW

Suggestions and tips for your holiday. Edited by Apt Val di Fassa

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The amazing track faced by Laura Orguè i Vila (picture: Dolomites Skyrace archive).

HIGHLIGHTS

THE DOLOMITES SKYRACE IS A MATTER FOR CHAMPIONS

It is a famous and beloved race that the top athletes don't want to miss: once again, this is demonstrated by the presence of many top runners at the Dolomites Skyrace (and at yesterday's Dolomites Vertical Kilometer) valid for the Skyrunner World Series. Among the leading names departing from Piaz Marconi in Canazei, today at 8.30 a.m., Laura Orguè i Vila (winner in 2014 and silver in 2015) and Tadei Pivk among the men (2015 winner). Real stars of the speciality who aim at winning on one of the most fascinating track of the skyrunning that develops from the town centre along 22 km, 10 of which upward and 12 down, with an altitude gap of 1.750 metres and the breathtaking passages on the Pordoi saddle (at 2.829 m) and on Piz Boè at 3.152 metres, with final rush to the square in Canazei.

Today in the valley

ZINTOBOYS: MUSIC NOTES AT ALTITUDE

DES ALPES REFUGE - COL RODELLA 11.30 A.M. - 3.30 P.M.

Concert of the talented group, organized by the refuges' local association and by the music bands' federation.

"FASSA FUORI MENÙ" SPECIAL GUEST AT "LA BIRA TE FASCIA"

EVENTS PAVILION - CAMPITELLO 12.00 - 3.00 P.M.

Special cooking show with the chefs of the important Val di Fassa food festival at the mountain breweries festival.

FIORENTINA VS FERAPISALÒ

SOCCER FIELD C. BENATTI - MOENA AT 4.30 P.M.

The ACF Fiorentina faces Feralpisalò (from Salò and Lonato del Garda) for the second friendly-match of its summer training camp. Tickets by C. Benatti: € 10 full price; € 7 6-12 years; free under 6.

The complete schedule of events is available in the tourist offices of the valley.

Initiatives for our guests

18TH JULY AT 9.00 A.M. - MOENA

THE WOOD SENSE

EXCURSION IN REAL CONTACT WITH NATURE. BOOKING: SPORT CHECK POINT (ACTIVITY AGAINST PAYMENT).

18TH JULY AT 5.00 P.M. - VIGO

GEOLOGY, SUCH A STORY

WORKSHOP FOR ADULTS TO INTRODUCE THE GEOLOGY OF THE VALLEY BY THE MUSEUM MONZONI.

19TH JULY LUGLIO AT 8.30 A.M. - POZZA

WITH ROPE AND SNAP-HOOK

CLIMBING COURSE FOR CHILDREN (7-14 YEARS) WITH THE AID OF THE MOUNTAIN GUIDES.

Itineraries

INTO THE WILD VALSORDA

Every logger of Fassa knows this valley. The wonderful and wild Valsorda, which brings to the Latemar, stores along the namesake stream the tracks of the old "cava de le bore" (cave of trunks), a passage for logs and woods five km long, built with stones and rocks, attentively studied, from its slopes to its bends. In winter the frozen cave used to become a sleigh slope where, until the Seventies, thousands of cubic metres of wood passed by. To discover this itinerary, start from Forno di Moena, following path n. 516, which starts from the entrance of the cave, which will be crossed in many spots. Arrived at Valsorda dairy (1676 m - 2 hrs), expert hikers can go on towards Bivouac Latemar (2365 m - 1 h), whereas the less trained can walk along path n. 517 leading to Medil, thence to Forno or to Moena.

Did you know that...

During the first year of the Great War, Austro-Hungarian soldiers used to receive a ration of food which included: 700 gr. of bread, 400 gr of beef meat and 140 gr of pulses or vegetables, all completed by two cubes of coffee ersatz, some wine or beer. Italian soldiers, on the other hand, consumed more carbohydrates with a ration of: 600 gr of bread, 100 gr of meat with pasta or rice, a quarter litre of wine, grappa, liqueur and coffee. From 1916, when the plantations were halved and the livestock decimated, soldiers (as well as the people) saw their food ration reduced both in quantity and quality.

Initiatives reserved to guests with the Val di Fassa Card (ask your hotel/apartment) enrolments required by the previous day at the Tourist Offices. Activities are reserved for guests of the associated structures of Val di Fassa Tourist Board

WE THANK

