



GOOD MORNING VAL DI FASSA



TODAY



TOMORROW

Suggestions and tips for your holiday. Edited by Apt Val di Fassa

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Armin Zöggeler (in the pic) was born in Merano in 1974. He is one of the greatest luge athletes ever.

HIGHLIGHTS

ARMIN ZÖGgeler: A CHAMPION'S STORY

An authentic athlete from Alto Adige like Armin Zöggeler will be the special guest today at the Cinema Marmolada. The event is the occasion for the presentation of Armin's book "Ghiaccio, acciaio, anima. La mia vita raccontata a Simone Battaglia" (2015). Zöggeler is one of the Italian athletes that made to win the most during his career. Luge is his specialty, during his career he won three European Championships, ten World Cups (57 first places and 102 podiums). From Lillehammer 1994 to Sochi 2014 the Olympics resulted him six consecutive medals (two golden, one silver and three bronze). The story of Armin is engaging, but due to its discretion, has been published only after the end of the competitions. Today's meeting is organized by the local library.

Today in the valley

DELICIOUS VILLAGE

PIAZZA CIOCH SQUARE - SORAGA 6.30 P.M.

The most delicious food is in the squares tonight! Tastes and snacks accompanied by good music by the Spritz Band.

THE FAIRY AND THE MOON LIGHT

VILLAGE CENTRE - MOENA 9 P.M.

The village lights turn off and giving space to the moonlight and the music.

SAINT LORENZO'S NIGHT

VILLAGE CENTRE - PERA 9 P.M.

Saint Patron feast with tasting and entertainment and concert of the brass band Musega da Poza in the church's yard.

The complete schedule of events is available in the tourist offices of the valley.

Initiatives for our guests

AUGUST 11 8.30 A.M. - CAMPITELLO AROUND THE MOUNTAIN DAIRIES

HIGH MOUNTAIN LIFE ON THE GEEN PASTURES OF SASSO PIATTO (ACTIVITY WITH FEE).

AUGUST 11 8.30 A.M. - CANAZEI SASSOLUNGO MTB TOUR

CHALLENGING GUIDED PANORAMIC MTB TOUR AROUND THE SASSOLUNGO. ENROLMENT: SPORT CHECK POINT (ACTIVITY WITH FEE).

AUGUST 11 3 P.M. - MOENA PLANT'S SECRETS

WITH THE EXPERT GUIDE TO DISCOVER THE OFICIAL HERBS. ENROLMENT: SPORT CHECK POINT (ACTIVITY WITH FEE).

Initiatives reserved to guests with the Val di Fassa Card (ask your hotel/apartment) enrolments required by the previous day at the Tourist Offices. Activities are reserved for guests of the associated structures of Val di Fassa Tourist Board

Itineraries

FROM GARDECCIA TO PASSO DI DONA AND CAMPITELLO

Take the shuttle bus from Pera to Gardeccia, and take the mule track no. 546 till Refuges Preuss and Vajolet. Ascend on the steep path no.584 that brings to Passo Principe Refuge at 2.600 m (1 h; 2 hrs.). Continue on the right and zigzag up to Antermoia Pass at 2.770 m (0.30 h; 2.30 hrs.). Descend the slope skirting the lake to Antermoia Refuge at 2.497 m (0.45 h; 3.15 hrs.). Keep going on path no.580 towards Dona Pass and descend leftwards in Dona Valley. Take path no.578 till Ciarejoles Pass (2.282 m). The path leads to the grazing at Ciamp de Grévena and to the stream Ruf de Duron. Beyond the bridge, take path no. 532 to Micheluzzi Refuge at 1.850 m (1,45 h; 5 hrs.). From that point you can reach Campitello(0,45 h; 5,45 hrs.).

Did you know that...

Some researchers found out that the 1st Ladin (actually defined "romanish" or "römisch") texts were the poems by Oswald von Wolkenstein. Oswald, born in 1367 from the Wolkenstein dynasty in Gardena, dwelt on Sciliar and was soldier, traveller politician and artist. He's considered the last knightly poet, but also the 1st of the moderns, as he told all his experiences. From his work, just 60 Lieder left, and 25 more with 2 voices. Oswald's eye was seriously hit at the age of 9 during carnival. From then up to the present the iconography perpetuated his aspect acquired after the accident.

WE THANK

