



# GOOD MORNING VAL DI FASSA



TODAY



TOMORROW

Suggestions and tips for your holiday. Edited by Apt Val di Fassa

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For some years the Marcialonga Running starting lane is set in Moena, a perfect location for public and runners.

## HIGHLIGHTS

### MARCIALONGA RUNNING

The 14th edition of the Marcialonga Running kicks off today from Moena at 9.30 A.M. Over the years, the 26 km race is gaining more and more success among amateurs and professional participants who love to run along the streets of Fassa and Val di Fiemme. After the start in the Ladin village, the race continues towards Val di Fiemme along the cycling way crossing the villages: Predazzo, Ziano, Panchià, Lago e Masi. Runners face a final part rising to Cavalese (Val di Fiemme) where Camilla Canclini, the Soreghina (patroness of Marcialonga summer and winter), waits for them to crown the winner. The running race lists the score for the Combinata Punto3 Craft adding points to athletes participating to all the three Marcialonga disciplines; cross-country, biking and running.

## Today in the valley

### CONTRIN RUNNING TROPHY

#### CIAMPAC CABLE CAR YARD- ALBA DI CANAZEI 10 A.M.

Fortieth birthday today for the running march Contrin Trophy, participants face a 6km itinerary of dirty road upwards to the Rifugio Contrin.

### "ENTORN VICH" GETS BIGGER

#### VAL, COSTA AND LARCIONÈ - VIGO 11 A.M.

This time the event reaches the hamlets around the village for animation and more fun with music, food and regional wines.

### "NICE PRICE": MUSIC AT 2300 M

#### RIFUGIO SASSO PIATTO - CAMPITELLO 12 P.M.

Concert of the acoustic band "Nice Price" with its repertoire of Irish and American Folk.

The complete schedule of events is available in the tourist offices of the valley.

## Initiatives for our guests

### SEPTEMBER 5 8.30 A.M. - CAMPITELLO

#### VAL SALEI MTB

AMAZING GUIDED BIKE TOUR ACROSS COL RODELLA AND CITTA DEI SASSI. ENROLLMENT: SPORT CHECK POINT (ACTIVITY WITH FEE).

### SEPTEMBER 5 8.30 A.M. - POZZA

#### MY FIRST VIA FERRATA?

EXCITING VIA FERRATA WITH THE EXPERT MOUNTAIN GUIDE. ENROLLMENT: SPORT CHECK POINT (ACTIVITY WITH FEE).

### SEPTEMBER 5 5 P.M. - VIGO

#### GEOLOGY AND DOLOMITES

GEOLOGY LAB ABOUT THE ROCKS OF VAL DI FASSA. MONZONI MUSEUM

## Itineraries

### FROM VAL MONZONI TO VAL SAN NICOLÒ

From Pozza, drive along Val San Nicolò for 4,5 km, park your car at the crossroads to Val Monzoni, by the chapel of crucified Christ. Follow on your right the asphalt street that arrives at the wood, then go beyond the plank and take path n. 641 along Val Monzoni. Cross the stream, enter the wood and get to the green grazing of Monzoni. The path becomes steeper towards pass "del Pief" (1.45 h). Walk towards Palacia and Pecol and descend on your left. You will get to the wonderful Lagusel lake (0.15 h; 2.00 hrs). Go through the green grazing, you will find the ancient street that goes down to the valley bottom. Take "Strada di Rusci" (0.40 h; 2.40 hrs). Pass Ruf de Sèn Nicolò stream and, soon after, go back on the asphalt street that leads back to the crucified Christ (1.00 h; 3.40 hrs).

## Did you know that...

Virginio Dezulian del Garber, son of Maria Piaz (mother of Pordoi) was the favourite nephew of Tita Piaz. He was a strong and agile alpine guide, guiding King Alberto and other nobles. He opened many routes and in 1926 participated to the 1st expedition on the northwest pinnacle of Schenon del Latemar with his uncle, and in 1928, with Tita again, opened a challenging route on the north face of Catinaccio. In 1929 ran with his wife Pina the Vajolet Refuge, and in 1931, together with Tita, gained the southern pillar of Sass Pordoi. He died in 1954 when he was 53 years old, due to a disease.

Initiatives reserved to guests with the Val di Fassa Card (ask your hotel/apartment) enrolments required by the previous day at the Tourist Offices. Activities are reserved for guests of the associated structures of Val di Fassa Tourist Board

WE THANK

