



# GOOD MORNING VAL DI FASSA



TODAY



TOMORROW



Suggestions and tips for your holiday. Edited by Apt Val di Fassa

09/16/2016



"Fassa Sky Expo", every evening at the events pavilion of Ischia music and entertainment. October 2nd lottery results.

## HIGHLIGHTS

### "SKY EXPO"

Flying aficionados know it, the powerful air streams blowing in autumn between Pordoi and Col Rodella represent a heaven for hang- and paragliders. That's why, among the gliders community, Canazei and Campitello are widely considered top places for exciting and long flights over the Dolomites, the most beautiful mountains of the world. Already numerous these days but more will arrive over the next weeks, gliders are ready to meet in Val di Fassa for the annual event "Fassa Sky Expo". From September 30th to October 2nd in Campitello, the third edition of the festival "Fassa Sky Expo" is on stage. The event is organized by the local fly club Icarus Flying Team which headquarter is set in Ischia (Campitello). At the festival opening (September 30th) the great champions Jimmy Pacher from Canazei and Aaron Durogati welcome participants.

## Today in the valley

### WATER AND WOOD

#### STRÈDA DE CIAMP TRUJAN - PENIA DI CANAZEI RESERVATION REQUIRED

The ancient Venetian saw mill "La Sia" still working, section of the Ladin museum (reservations: +390462760182).

### MINERALS DISPLAY

#### MONZONI MUSEUM - VIGO 4 PM - 7 PM AND 8.30 PM-10 PM

Exhibit of more than 200 pieces collected in Val di Fassa by Toni Rizzi Poldin,

### "MÙSEGA DA POZA" WITH HANSPETER

#### EVENTS PAVILION - POZZA 9 P.M.

The music of the brass band of Pozza united with the trumpet by Karl Hanspeter. Parade (from the S. Nicolò's church) and concert.

*The complete schedule of events is available in the tourist offices of the valley.*

## Initiatives for our guests

### SEPTEMBER 17 FROM 7 A.M. - CAMPITELLO

#### LET'S FLY!

EXCITING PARAGLYDING FLIGHT WITH EXPERT INSTRUCTOR.

ENROLLMENT: SPORT CHECK POINT (ACTIVITY WITH FEE).

### SEPTEMBER 17 8.30 A.M. - CANAZEI

#### SELLARONDA MTB

GUIDED MTB-TOUR AROUND THE SELLA MASSIF. ENROLLMENTS:

SPORT CHECK POINT (ACTIVITY WITH FEE).

### SEPTEMBER 17 8.30 A.M. - POZZA

#### VIA FERRATA

CHALLENGING VIA FERRATA WITH THE MOUNTAIN GUIDE.

ENROLLMENT: SPORT CHECK POINT (ACTIVITY WITH FEE).

*Initiatives reserved to guests with the Val di Fassa Card (ask your hotel/apartment) enrolments required by the previous day at the Tourist Offices. Activities are reserved for guests of the associated structures of Val di Fassa Tourist Board*

## Itineraries

### FROM MOENA TO COSTALUNGA

Exit the hamlet walking on Street di Mogn, and overpass the first bridge on Rif de Costalongia. Ascend along the river and a dirt road. Turn right, follow the turn, and pass the river arriving at a plain. Pass by the bridge till the forest road to Passo Costalunga (0,45 h). Ascend leftwards in the wood and then on the pasture facing Cima Pope. After a crossroads (path no. 524) you will find the signs to Costalunga. Descend then diagonally, cross the stream Rif de Peniola and follow its flow. Turn right into a dirt road that ascends for a quite long stretch. You will arrive at a plain: cross the wood and exit on a pasture. Pass by the mountain hut, and finally turn right on the state road near the Pass (1.752 m), where you can find several refreshment points (1,30 h; 2,15 hrs).

## Did you know that...

In the past in Val di Fassa, after a boy and a girl's official engagement, the priest would read out the banns for three weeks during Mass and then the spouses could start preparing the events. First of all there was the confection of the "quant a la fascèna", the traditional festive suit, and the invitations and the "segnes da noza", typical festive sweets such as "grostoi" and "grafons" were brought to relatives and godparents. This tradition still remains in the valley. Everything used to happen in winter, as weddings were often celebrate during Carnival, when people weren't working in the fields.

WE THANK

