



# GOOD MORNING VAL DI FASSA



TODAY



TOMORROW

Suggestions and tips for your holiday. Edited by Apt Val di Fassa

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The dairies of the valley use the milk of local cows to make delicious delicacies such as Puzzone di Moena DOP and Cher de Fascia cheese.

## HIGHLIGHTS

### SORAGA, "DESMONTEADA" BACK FROM THE PASTURES

Like every year, the unmissable show of cows, sheep and goats coming back from the high-altitude pastures is on stage! Big applaud of the public for the livestock exceptionally dressed up with beautiful flowers and bells. The comeback of cows and farms from the mountain meadows, in Ladin named "Desmonteada", is always a big feast in Soraga and in the whole valley. Celebrations are part of the Festival del Puzzone DOP and include; at 10.30 am aperitivo by the "Gran Ciasa" building and opening of the markets on the Pra del Preve meadow. At 12 pm kitchens start to prepare traditional delicacies and at 12.30 pm the big parade of the livestock kicks off. Celebrations go on in the afternoon with music entertainment of the band "Dolomix" and performances of the folk groups of the valley.

## Today in the valley

### TRIAL CHAMPIONSHIP

#### TRIAL CIRCUIT - POZZA WHOLE DAY

In collaboration with the local motorcycle club "Rode a Motor", the fifth edition of the Italian Bike Trial 2016 is on stage.

### LADIN CULTURE

#### LADIN MUSEUM - SÈN JAN/VIGO 3 P.M. - 7 P.M.

Interesting ethnographic exhibit about the Ladin people and their traditions, by the Ladin Institute of Culture.

### PUZZONE FESTIVAL

#### VILLAGE CENTRE - MOENA 4 PM - 8 PM

Opening of the "village of flavours" with tastings and selling of local delicacies. From 6.30 P.M. "Puzzone Street Food" in the bar of the centre.

The complete schedule of events is available in the tourist offices of the valley.

## Initiatives for our guests

### SEPTEMBER 18 8.30 A.M. - CANAZEI

#### SELLARONDA MTB

GUIDED MTB-TOUR AROUND THE SELLA MASSIF. ENROLLMENTS: SPORT CHECK POINT (ACTIVITY WITH FEE).

### SEPTEMBER 18 8.30 A.M. - POZZA

#### ROCK CLIMBING

EASY ROCK CLIMBING WAY WITH THE MOUNTAIN GUIDE. ENROLLMENT: SPORT CHECK POINT (ACTIVITY WITH FEE).

### SEPTEMBER 18 5 P.M./7 P.M. - CAMPITELLO

#### VERTICAL GYM

CLIMBING LESSON FOR KIDS (7-14 YEARS OLD) WITH THE MOUNTAIN GUIDES.

## Itineraries

### FROM POZZA TO MALGA CROCIFISSO

This is an "easy walk" that starts from the nice hamlet of Meida, in the surroundings of Pozza di Fassa: start ascending Strada de Meida street that turns into Strada Ruf de Ruacia street. You will get nearby a bridge that passes over the stream Ruf de Sèn Nicolò, in the nearest of the Restaurant La Soldanella. Before reaching the bridge take the dirt road on the right. The route begins climbing feebly, than it becomes steeper and steeper while you go up, through a short series of hairpin turns, passing through woods and grazing. Afterwards, the track becomes flat again, until it links to the paved street of Val San Nicolò. Following another short stretch you reach the hut Malga Crocifisso (1526 m). To go back follow the paved street towards the village.

## Did you know that...

At the end of XIX century, the economy of Val di Fassa experienced a slight increase. More and more often, inhabitants were pushed to found cooperatives. The primary aim of these collective businesses was to provide the members with an easy access to food which at the time, still was scarce. Moreover, cooperatives prevented prices to be imposed by a single shopkeepers to rise excessively. That why, the first cooperative businesses found all around the valley and at the time are still working nowadays.

Initiatives reserved to guests with the Val di Fassa Card (ask your hotel/apartment) enrolments required by the previous day at the Tourist Offices. Activities are reserved for guests of the associated structures of Val di Fassa Tourist Board

WE THANK

