



# GOOD MORNING VAL DI FASSA



TODAY



TOMORROW

Suggestions and tips for your holiday. Edited by Apt Val di Fassa

07/29/2017



The flow of the street food mania, this summer, reaches also Val di Fassa.

## HIGHLIGHT

### THE YUMMY TRUCKS OF "FASSA STREET FOOD"

It started yesterday and goes on today and tomorrow in Vigo "Fassa Street Food" for the food-lovers - and they are a lot- that are drooling for the yummiest street food". In these years, the "street food" has been amazing more and more people also our valley. In Vigo yummy traditional and innovative dishes -also vegan dishes -will be offered. The trucks will be positioned close to the schools, with plenty of different options: "Foodstock Truck" by the chefs Marco Chiusa and Antonio Nitti with their dried passatelli and bacon and much more; "I baccalà", light fried fish; "Mordicchio on the road", fried gnocco with charcuteries; "La Vera Creperia" with all sorts of crepes; "Riso Golo street food", Piedmontese specialities made with rice. Also music will accompany people through this "tasting journey", with the Nightout group.

## Today in the valley

### TOUCH SCREEN MUSEUM

MUSEO LADINO DI FASSA LOC SÈN JAN VIGO - 3.00 PM - 7.00 PM

Traditional objects, interesting documents are explained also using the touch screens of the Istitut Cultural Ladin.

### A VILLAGE IN CONFLICT

NAVALGE THEATER MOENA - 4.00 PM

Meeting about the historical facts of Moena during the First World War, realized by Aurora association.

### DES ETOILES IN MUSICAL

EVENTSPAVILLION POZZA - 9.00 PM

Music and dance show by the Des Etoiles group (ticket: 6 € for adults and kids; free for under 8).

The complete schedule of events is available in the tourist offices of the valley.

## Initiatives for our guests

### JULY 31 FROM 7.00 AM ON - CAMPITELLO

#### PARAGLIDING

TANDEM PARAGLIDING EXPERIENCE WITH THE EXPERT. ENROLLMENT: SPORT CHECK POINT (AGAINST PAYMENT).

### JULY 30 8.45 AM - CANAZEI

#### LET'S GO CLIMBING!

SCENTS, STRAORDINARY DESCENTS, TIBETAN BROOKS WITH THE ALPINE GUIDES. ENROLLMENT: SPORT CHECK POINT (AGAINST PAYMENT).

### JULY 30 9.00 AM - MOENA

#### VAL DI FASSA BIKE MTB TOUR

ON THE PATH OF THE FAMOUS COMPETITION WITH THE MTB GUIDE. ENROLLMENT: SPORT CHECK POINT (AGAINST PAYMENT).

## Itineraries

### TOUR AROUND SASSO PIATTO

Drive from Canazei to Sella Pass (13 km), go down along some hairpin bends and park nearby Rifugio Passo Sella. Take path n. 525 that heads to the Sassolungo pass (2.681 m; 1,30 h) and to Rifugio Toni Demetz. The less-prepared hikers can take the cable car that leaves from the car park to reach it. From Demetz the route skirts on a scree the Sassolungo Peak, to Rifugio Vicenza. Descend towards the hollow along path n. 525, till the crossroads with path n. 527. Take the latter that skirts the huge massif of Sasso Piatto going towards Giogo di Fassa (2.305 m; 1,30 h) and Rifugio Sasso Piatto. Proceed along path n. 4 passing by Rifugio Sandro Pertini and Rifugio Friedrich August (2.300 m) and thence towards Forcella Rodella saddle. Admire the beautiful landscaper and from here go back to the car park.

## Did you know that...

In the past child emigration (boys as shepherds and girl as housekeepers or baby-sitters) in the area of the Dolomites had several flows: Boys from Val di Fassa, to earn something, used to go and work as shepherds for the rich "bachegn" (farmers) in Gardena, whereas the youths from Gardena, to live better, used to go to Tyrol. Meanwhile, the boys from Fodom worked on the alps of Fassa because, once upon a time, it was said that: "If people in Fassa were poor, in Fodom life was so hard that everybody should have starved".

Initiatives reserved to guests with the Val di Fassa Card (ask your hotel/apartment) enrolments required by the previous day at the Tourist Offices. Activities are reserved for guests of the associated structures of Val di Fassa Tourist Board

WE THANK

