



# GOOD MORNING VAL DI FASSA



TODAY



TOMORROW

Suggestions and tips for your holiday. Edited by Apt Val di Fassa

07/31/2017



At the happy hour there will be blocal cheeses from the Caseificio Sociale Val di fassa and local wines from the Valentini wine shop.

## HIGHLIGHT

### SUIT AND TIE FOR THE HAPPY HOUR AT THE MUSEUM

Every Monday in July and August, from 5.30 pm, the L. Heilmann section of the Museo Ladino di Fassa will host a particular happy hour whose main theme is the traditional costumes. Among the wrinkles of the costumes, the jewels, the hairdo, and still in the seams, the ribbons, tissues and underwear, there are numerous untold stories and amazing traditions of the valley, that were recently collected in books and reseaches. Today, Daniela Brovadan, expert of the museum, will be deepening the theme "The elements of the traditional costumes". At the end of the meeting, a light refreshment with local products and wine will be served (cost: 2 €).

## Today in the valley

### MORGANA SHOW

#### PLAYGROUND POZZA - 5.00 PM

Funny show for kids and families, realized by "I Burattini" of Luciano Gottardi.

### CHANTS OF THE ENROSADIRA

#### SOMEDA CHURCH MOENA - 9.00 PM

Concert of the local choir in Italian and Ladin, at the historic church of the hamlet.

### GLEAMS OF CARNIVAL

#### PIAZ MARCONI CANAZEI - 9.00 PM

Presentation of the weekly program, with the participation of the Grop de la Mèsres de Cianacei e Gries.

## Itineraries

### FROM CANAZEI TO GRIES

This easy walk starts from the centre of Canazei. From here, run down the Roma Street and take the Cercenà Street on the left. Few meters after the bridge on the Avisio river, walk leftwards on the higher path that skirts upward the park of the Residence Villa Avisio. Continue beyond the plank that signs the limit of the meadows, keep on walking by the skilift Avisio, and follow its stream for a while. Then, you will cross a little wood and, after a short descent, walk again down by the stream. Walk nearby a wide pasture, thereafter, enter the wood cobbled with a gorgeous moss-covered carpet. Then, come out on the state road near Pènt (=bridge in Ladin) de la Roa. Overpass it and come back to Canazei along Pareda Street.

The complete schedule of events is available in the tourist offices of the valley.

## Initiatives for our guests

### AUGUST 1 8.30 AM - CANAZEI

#### MTB CROSS COUNTRY

COURSE ON THE MTB TECHNIC AND STYLES. ENROLLMENT: SPORT CHECK POINT (AGAINST PAYMENT).

### AUGUST 1 9.00 AM - POZZA

#### LET'S GO CLIMBING!

CLIMBING COURSE FOR KIDS (7-14 YEARS) WITH THE ALPINE GUIDES.

### AUGUST 1 5.30 - 7.00 PM - MOENA

#### PANORAMIC FITNESS

PILATES AND STRETCHING WITH THE INSTRUCTOR. ENROLLMENT: SPORT CHECK POINT (AGAINST PAYMENT).

## Did you know that...

Once upon a time, the people of Val di Fassa made the butter at home: during the night, they used to store the milk in a fresh room, so that the milk's cream came to the surface. In this way, it was easier to remove it and process it with the churner. This tool - really important for the processing of butter - has been made in two shapes: until the 17th century it was a vertical piston, then it rotated horizontally. After the second world war, the home butter processing finished, but some families still keep the gears of grandfather and great-grandfather (often decorated by paintings and engraving).

Initiatives reserved to guests with the Val di Fassa Card (ask your hotel/apartment) enrolments required by the previous day at the Tourist Offices . Activities are reserved for guests of the associated structures of Val di Fassa Tourist Board

WE THANK

