



# GOOD MORNING VAL DI FASSA



TODAY



TOMORROW

Suggestions and tips for your holiday. Edited by Apt Val di Fassa

08/20/2017



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## HIGHLIGHT

### "A PE TA MONT": AMONG DAIRIES AND YUMMY TASTING

One of the most beloved events of the summer in Val di Fassa is coming: "A pe ta mont". Today, at Fuciade, that can be reached with a 40 minutes walk from Passo San Pellegrino, traditions of the ancient dairies, the art of scything the grazing, the nurture of animals and also artisanal jobs, reconstructions of historic huts, exhibitions about the period of the First World War, together with local cuisine and popular music, are the ingredients of the event. "AlpenBoys", "Bömische Val di Cembra" and "Museganc da Zacan" will perform during the day.

## Today in the valley

### "IL COLORE DEI MONTI" IS A SHOW

**BUFFAURE POZZA - 10.00 AM**

The subjects of the ladin legends, fairies, wizards and more, tell stories about themselves walking in the mountains.

### JAZZ "EX AEQUO"

**PASSO ALLE SELLA MOENA - 1.00 PM**

For the "Panorama Music" festival, "Ex Aequo" are on stage: Gaia Mattiuzzi (voice) and Pasquale Mirra (vibraphone) with their jazz songs.

### FIREMEN SHOW

**FIRE STATION CANAZEI - 9.00 PM**

The firemen perform some rescue activities with their vehicles.

The complete schedule of events is available in the tourist offices of the valley.

## Initiatives for our guests

**AUGUST 21 9.00 AM - MOENA**

### THE FAIRIES' FOREST

DISCOVERING PLANTS AND ANIMALS OF THE FOREST ON A SENSORIAL TRACK. ENROLLMENT: SPORT CHECK POINT (AGAINST PAYMENT).

**AUGUST 21 9.45 AM - CANAZEI**

### LET'S RIDE A HORSE!

RIDING A HORSE IN THE DOLOMITIC LANDSCAPE. ENROLLMENT: SPORT CHECK POINT (AGAINST PAYMENT).

**AUGUST 21 9.45 AM - VIGO**

### NORDIC WALKING AT GARDECCIA

NORDIC WALKING AT GARDECCIA. MEETING POINT CIAMPEDIE. ENROLLMENT: SPORT CHECK POINT (AGAINST PAYMENT).

## Itineraries

### FROM POZZA TO SELLA BRUNECH AND VAL SAN NICOLÒ

Once you get to Buffaure (at 2.060 m) departing from Pozza by cable car, descend the slope until the cleft and reach the refuge Baita Cuz. Ascend now towards the peak. Walk towards Sas de Adam and, after a short descent, walk up to the saddle Sella Brunéch at 2.428 m (2 hs). Walking along path n. 613, you will follow the ridge that faces the Ciampac hollow until the spurs Sas de Roces. Now head for Val San Nicolò: descend along some hairpin turns, at some points equipped with wire ropes) and reach the grassy cleft at the north of Sas Bianch. Take again path n. 613 to the western face of Varos. Go down to the refuge Val San Nicolò (at 2.338 m; 2 hs; 4 hs). Go back to Val San Nicolò till Baita Ciampié and thence to Pozza, walking along the paved street (1,30 h; 6,30 hs).

## Did you know that...

In the Ladin Valleys of Dolomites live nowadays around 35 thousand people, the majority of which speak Ladin as mother tongue. The idiom gives this people the chance to legitimate their ethnic-linguistic group as independent. Despite its ancient origins (fusion between the languages Reathian and Latin) the scientific acknowledgement of Ladin dates back to the second half of the nineteenth Century. Some experts, after researches, find out that its presence was actually in three linguistic spots: around the Dolomites, in Friuli and in Grigioni (Switzerland).

Initiatives reserved to guests with the Val di Fassa Card (ask your hotel/apartment) enrolments required by the previous day at the Tourist Offices. Activities are reserved for guests of the associated structures of Val di Fassa Tourist Board

WE THANK

