



# GOOD MORNING VAL DI FASSA



Suggestions and tips for your holiday. Edited by Apt Val di Fassa

07/28/2018



"Fassa Street Food Festival" follows the trend of the moment that put the "street food" on top of the ranking among foodies.

## HIGHLIGHT

### THE "STREET FOOD" AT THE FESTIVAL

The second edition of the "Fassa Street Food Festival" in Vigo started yesterday and goes on until tomorrow. After the success of last summer the means, better known as "food trucks", that from several parts of Italy are back to present to guests and inhabitants the best of the so called "street food". Next to the elementary school, find the unusual "open air restaurant" made of some trucks where you can taste: rice croquettes, cod, several types of fried gnocco, vegetarian and vegan dishes and many other delicious regional specialties. Take the chance of a tempting aperitif, a quick lunch or a multi-flavour dinner. All accompanied by the most beautiful rock and blues hits of the Seventies-Nineties mixed to folk music.

## Today in the valley

### "FESTA DE LE SOCIAZIONI"

#### TURCHIA NEIGHBOURHOOD – MOENA – ALL DAY LONG

The associations bring traditions, music and delicacies onto the streets of the quarterhood.

### "THE NORTH FACE" ON FEAST

#### VAL SAN NICOLÒ – POZZA/SÈN JAN DI FASSA – ALL DAY LONG

Sport festival with the possibility to take part in several activities and test materials and equipments, with exceptional testimonials.

### THE VALLEY BETWEEN THE PAGES OF ALBERTA ROSSI

#### TOWN COUNCIL – LOC. VIGO - AT 5.00 P.M.

Launch of the book by Alberta Rossi, "La Valle di Fassa tra fantasia e realtà", that has been recently printed.

## Itineraries

### FROM POZZA TO SELLA BRUNÈCH TO VAL SAN NICOLÒ

Once you get to Buffaure (at 2.060 m) departing from Pozza by cable car, descend the slope until the cleft and reach the refuge Baita Cuz. Ascend now towards the peak. Walk towards Sas de Adam and, after a short descent, walk up to the saddle Sella Brunèch at 2.428 m (2 hs). Walking along path n. 613, you will follow the ridge that faces the Ciampac hollow until the spurs Sas de Roces. Now head for Val San Nicolò: descend along some hairpin turns, at some points equipped with wire ropes) and reach the grassy cleft at the north of Sas Bianch. Take again path n. 613 to the western face of Varos. Go down to the refuge Val San Nicolò (at 2.338 m; 2 hs; 4 hs). Go back to Val San Nicolò till Baita Ciampié and thence to Pozza, walking along the paved street (1,30 h; 6,30 hs).

The complete schedule of the events is available by the tourist offices of the valley.

## Initiatives for our guests

### JULY 29 FROM 7.00 A.M. - CAMPITELLO

#### A FLIGHT FOR TWO IS BETTER

WITH THE TANDEM PARAGLIDE THE THRILL OF THE FLIGHT IS DOUBLE. ENROLMENT: SPORT CHECK POINT (ACTIVITY AGAINST PAYMENT).

### JULY 29 AT 9.00 A.M. – LOC. VIGO/SÈN JAN DI FASSA

#### ON THE PATHS OF THE LOCALS

STROLL THROUGH THE FLAVOURS AND THE KNOWLEDGES OF THE VALLEY ALONG THE "ALTA VIA DEI FASSANI" (MEETING BY THE TOP STATION OF THE CIAMPEDIÈ CABLE CAR).

### JULY 29 AT 9.30 A.M. - CANAZEI

#### SINGLE TRAIL MTB

INSIDIOUS DESCENTS IDEAL FOR BIKERS, WITH THE TIPS OF THE GUIDES. ENROLMENT: SPORT CHECK POINT (EXCURSION AGAINST PAYMENT).

Initiatives reserved to guests with the Val di Fassa Card (ask your hotel/apartment) enrolments required by the previous day at the Tourist Offices . Activities are reserved for guests of the associated structures of Val di Fassa Tourist Board

## Did you know that...

In the Ladin Valleys of Dolomites live nowadays around 35 thousand people, the majority of which speak Ladin as mother tongue. The idiom gives this people the chance to legitimate their ethnic-linguistic group as independent. Despite its ancient origins (fusion between the languages Reathian and Latin) the scientific acknowledgement of Ladin dates back to the second half of the nineteenth Century. Some experts, after researches, find out that its presence was actually in three linguistic spots: around the Dolomites, in Friuli and in Grigioni (Switzerland).

WE THANK

