



GOOD MORNING VAL DI FASSA



TODAY



TOMORROW

Suggestions and tips for your holiday. Edited by Apt Val di Fassa

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The hamlet of Gries was once an autonomous suburb, separated from Canazei by pastures, fields and woods.

HIGHLIGHT

IN GRIES IT'S TIME TO CELEBRATE

According to the studies, it seems that the Gries feast has been celebrated since August, 5 in 1787 (and maybe even before), when the small church of Our Lady of the Snow became the destination for pilgrims, replacing the sanctuary of Pietralba (BZ) closed to the devoted by the Emperor Giuseppe II. Even after the reopening of Pietralba, the celebration of August, 5 have been still much felt (according to the historical moments) and celebrated, even today. The feast begins at 10.30 a.m. with the open-air Mass in the square Piazz Gries, followed by an apertif with tasting of the typical desserts called "grostoi" for everybody. The feast goes on with the lunch in loc. Ciuch from 12.00 p.m., where it is possible to taste dishes of the Ladin tradition. In the afternoon local folk groups and bands will perform.

Today in the valley

"LATTE IN FESTA TA MONT"

VAL SAN NICOLÒ – LOC. POZZA/SÈN JAN DI FASSA FROM 10 A.M. TO 5 P.M.

Games, workshops and shows dedicated to milk and cheeses in the amusing context of the "Festa ta Mont".

ENROSADIRA IN CONCERT

CIAMPEDIE – LOC. VIGO/SÈN JAN DI FASSA AT 12 P.M.

The local choir presents its mountain chants in the enchanting location for "Val di Fassa Panorama Music".

THE SWEET PROGRAMME

PIAZ DE SOTEGRAVA SQUARE - MOENA AT 5.30 P.M.

Presentation of the weekly programme of the activities with the possibility to taste the typical fried delicacy called "fortaie" of the Grop de Ciajeole.

The complete schedule of the events is available by the tourist offices of the valley.

Initiatives for our guests

AUGUST 6 AT 8.00 A.M. - MOENA

THE EMOTION OF A VIA FERRATA

FIRST EXPERIENCE ON A VIA FERRATA WITH THE MOUNTAIN GUIDES. ENROLMENT: SPORT CHECK POINT (ACTIVITY AGAINST PAYMENT).

AUGUST 6 AT 9.30 A.M. - CANAZEI

MTB SINGLE TRAIL

LEARN THE TECHNIQUE TO DESCEND ALONG THE TRACKS OF THE BIKE PARK. ENROLMENT: SPORT CHECK POINT (ACTIVITY AGAINST PAYMENT).

AUGUST 6 AT 5.00 P.M. LOC. VIGO/SÈN JAN DI FASSA

A ROCKY STORY

WORKSHOP FOR ADULTS, AN INTRODUCTION TO THE GEOLOGY OF THE DOLOMITES.

Itineraries

FROM PERA TO MONZON TO LA REGOLINA

From Pera di Fassa along the road Strada de Ciadenac, skirt the stream Ruf de Soal towards Monzon and follow the track of the Via Crucis. Going up, the landscape gets more and more suggestive. Once reached the centre of Monzon, one of the most peculiar suburb in the whole Val di Fassa, go left following the signals to the restaurant Baita La Regolina. Pass the restaurant and get to a crossroad and take the path that goes to the left, until you reach an easy path that follows the ski slope, passing below the chairlift. Go on along the easy track that goes back to Pera, once again along the road Strada de Ciadenac.

Did you know that...

There's a legend that connects the feast of Our Lady of the Snow to the glacier of the Marmolada: on August, 5 the inhabitants of Fassa should withdraw from working at altitude to honour the religious feast. It is believed that an avid woman, a peasant, once didn't leave the highest fields because a storm was approaching, the grass would have got ruined and she would have lost the hay harvest. So, at night in August, a big amount of snow fell and layered, so much to create the glacier of the Marmolada. The ice reached even the hut of the old woman, making her lose the harvest and transforming her in an iced statue.

Initiatives reserved to the guests with the Val di Fassa Card (ask your hotel/apartment). Enrolments required within the previous day by the Tourist Offices. The activities are reserved to the guests of the associated structures of Val di Fassa Tourist Board.

WE THANK

