



# GOOD MORNING VAL DI FASSA



TODAY



TOMORROW

Suggestions and tips for your holiday. Edited by Apt Val di Fassa

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At the Tourist Offices you can find the brochures of "Sport Check Point" (with addresses) open every day (8.30-12 and 4.00-7.00 pm).

## TOP NEWS

### FOUR "SPORT CHECK POINT" FOR OUTDOOR-LOVERS

Four is the number to remember if you want to transform your holiday in a cocktail of emotions and experiences. Four indeed, are the "Sport Check Point" located in Canazei, Campitello, Pozza and Moena, in which all the outdoor activity of the valley are collected. Their offer is wide and set to fulfill everybody's needs; from the most extreme outsiders to the more calm spirits. Fassa outdoor provides: MTB tours, gravity, cultural and natural excursions, horse riding, golf, nordic walking, tennis, paraglyding, adventure parks, ice skating, grass skiing, swimming at the new water centre, climbing, via ferratas and hiking. The team at the offices provides information, suggestions and reservations for all activities.

## Today in the valley

### VALDI FASSA RUNNING: FOURTH LEG

#### LIFT PARKING AREA -ALBA 9.30 A.M.

Participants in the second to last leg of the competition run back up the village heading to Val Contrin and return along 12.56 km.

### FAIRY SOUP

#### PIAZ DE SOTEGRAVA - MOENA 5 P.M.

The "Magico Camillo" entertains kids and adults with his funnyshow and stories.

### MUSIC!

#### EVENTS PAVILION - CANAZEI 9 P.M.

Master Paolo Rasom conducts the brass band "Musega AutaFascia" in concert.

The complete schedule of events is available in the tourist offices of the valley.

## Initiatives for our guests

### 3 JULY 08.30 - MOENA

#### AROUND THE MOUNTAIN FARMS - MALGA BOER

LIVESTOCK, PASTURES AND GENUINE FOOD AT THE BOER FARM (PAID EXCURSION).

### 3 JULY FROM 7 A.M. - CAMPITELLO

#### ARE YOU DREAMING TO FLY? LET'S GO!

PARAGLYDING TANDEM FLIGHT WITH AN EXPERT INSTRUCTOR. ENROLMENTS: SPORT CHECKPOINT (PAID ACTIVITY).

### 4 JULY 8.30A.M. - CANAZEI

#### SELLARONDA MTB

GUIDED TOUR AROUND THE SELLA MASSIF. ENROLMENTS: SPORT CHECK POINT (PAID EXCURSION).

## Itineraries

### FROM CANAZEI TO VAL DURON

This "Amazing hike" starts from the centre of Canazei: follow Via Romastreet to the area called Ciuch and here go up along Strèda F. Dantone street, leading to Strèda Dolomites street. Follow the pavement towards Campitello, till Hotel Caminetto: here cross the street, reach the hotel and take the path ascending slightly to "Bosch da Ronch" wood. The trail keeps ascending till it comes to the hairpin bends that lead to Pian, over Campitello. Follow the street crossing this picturesque hamlet and take the path beginning from Strèda de Fossèl street. Walk until Baita Fraine, in Val Duron. From here, you can reach Rifugio Micheluzzi. To go back, you can either walk along the same route or descend the forest road leading to Campitello and on the nice walk along the Avisio river, come back to Canazei (3 hrs.).

## Did you know that...

"Le pope del Latemar" (The girls of Latemar) is a legend that tells about young shepherds that one day were asked by an old man whether they had found a knife with a gold handle. Minega found it in the grass and gave it to the old man, who invited her to express a desire. She wanted a doll. Minega told a foreigner woman what had happened, and she said not to trust him, because he owned more than he looked like, such as dolls with silk clothes, brocade and gold coins. The following day, Minerva followed her advice and a procession of dolls appeared in the sky and became rock.

Initiatives reserved to guests with the Val di Fassa Card (ask your hotel/apartment) enrolments required by the previous day at the Tourist Offices. Activities are reserved for guests of the associated structures of Val di Fassa Tourist Board

WE THANK

