GOOD MORNING VAL DI FASSA







Suggestions and tips for your holiday. Edited by Apt Val di Fassa

08/14/2018



At the "Giro de le notole" take part several categories, from the "rookies" to the adults.

HIGHLIGHT

THE BATS RUN IS ALWAYS FASHIONABLE

The 43rd edition of the "Giro de le notole" (The tour of the bats) gathers those who love to take part in non compepitive runs at night in Moena, at 9.00 p.m. The event, organised by the U.S. Monti Pallidi, is open to everybody and takes place along a track of 6 km, with start and arrival in the square Piaz de Sotegrava, through the most beautiful quarterhoods of the village. Both single runners and groups (minimum 15 persons) can sign up (against payment) today, in the square (from 10 a.m. to 12.30 p.m. and from 4 to 7.30 p.m.; groups must sign up within 12.30 p.m.) and everybody will receive a gadget souvenir of the events. The ranking list, available from tomorrow, gives access to the prizes for the first runner passing by the sprint in the square Piaz de Ramon, for the most numerous group and for the first three classified in each category.

Today in the valley

THE MAGIC NIGHT ALONG STRÈDA DE PAREDA - CANAZEI AT 9.00 P.M.

Along the way, closed to the traffic and enlightened by torches, candles, music, entertainment and finger food.

THE BRASS BAND IS PASSING BY EVENTS PAVILION – LOC. VIGO/SÈN JAN DI FASSA AT 9.00 P.M.

On occasion of the Assumption, parade and concert of the historical "Mùsega da Vich".

TRIBUTE TO THE ABBA

EVENTS PAVILLION - LOC. POZZA/SÈN JAN DI FASSA AT 9.00 P.M.

The most famous songs of the Swedish group performed by the "Italian Abba Tribute Band".

Itineraries

FROM COSTALUNGA TO PAS PASCHÉ

The route starts from Passo Costalunga (1,745 m). You come here easily driving from Vigo for ten minutes. Once you get here, walk towards the Lake of Carezza, until the Hotel Alpenrose, in the proximity of which there is the lower station of Paolina chairlift, which goes to Refuge Paolina at 2,125 m. Got here, you can continue the excursion on path no.539, and then path no.549: it will bring you in half an hour to Roda di Vael Refuge through a beautiful panoramic trail (2,238 m). From here, descend on path no.548, along the valley called Paschè, where lots of pretty marmots live. Go ahead in a mule track to Costalunga Pass (1,15 h). Form the pass it takes about half an hour to get to the chairlift again, following the dirt patch parallel to the street (2,30 hrs.).

The complete schedule of the events is available by the tourist offices of the valley.

Initiatives for our guests

AUGUST 15 AT 8.00 A.M. - CAMPITELLO TIME TO CLIMB

FIRST APPROACH TO CLIMBING WITH THE MOUNTAIN GUIDE.
ENROLMENT: SPORT CHECK POINT (ACTIVITY AGAINST PAYMENT).

AUGUST 15 AT 8.30 A.M. – LOC. POZZA/SÈN JAN DI FASSA AROUND THE MOUNTAIN DAIRIES

DISCOVERING LANDSCAPES AND FLAVOURS AT THE DAIRY JUMELA (ACTIVITY AGAINST PAYMENT).

JULY 15 AT 9.30 A.M. - CANAZEI THROUGH THE WATERS OF SELLA

THERE ARE MANY HIDDEN WATERFALLS THROUGH THE DOLOMITIC ROCKS. ENROLMENT: SPORT CHECK POINT (ACTIVITY AGAINST PAYMENT).

Did you know that...

The "mana" is the traditional flower and alpine herbs posy picked on 14th August by the Ladin people on the pastures, and let it bless for the Feast of the Assumption, in Ladin "Sènta Maria Maor". The bunch of flowers, recalling the Mary's fragrance, had to be hanged in the loft, were it blighted, in order to protect home, or it hanged up in the stable to protect the cattle. In case of illness, the animals were nursed with an infusion of "mana". The custom is still in vogue as the candlelight walk for the Assumption of Mary, that take place today in Moena, Pera and Canazei (9.00 pm)

Initiatives reserved to the guests with the Val di Fassa Card (ask your hotel/apartment). Enrolments required within the previous day by the Tourist Offices. The activities are reserved to the guests of the associated structures of Val di Fassa Tourist Board.

WETHANK







