



# GOOD MORNING VAL DI FASSA



TODAY



TOMORROW

Suggestions and tips for your holiday. Edited by Apt Val di Fassa

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The "Silent Parties" have been proposed for a while already in trendy clubs.

## HIGHLIGHT

### IT'S TIME FOR A SILENT PARTY

Val di Fassa engages in one of the last trends in terms of fun for the young generations and today, in the town-centre of Vigo from 7.00 p.m. to 11.00 p.m., brings to the stage its first "Silent Party". A silent way to spend a night in the open air with some disco music. How does it work? The participants are given wireless headphones to listen to music and dance without making too much noise but that of moving and humming the song one's listening. So it happens to have a group of people that, in one single place, share several kinds of music, as the headphones usually have three different channels and music genres. Every channel has its own colour, so the result is a colourful happening, amusing both for those who observe it and, above all, for those who take part in it, listening to the music and dancing.

## Today in the valley

### BLACK FEATHERS ON FEAST YARD BESIDE HOTEL FALORIA – CANAZEI ALL DAY LONG

The ANA group of Upper Val di Fassa prepares delicious, traditional dishes to taste to the rhythm of the music.

### IN PATAGONIA WITH MARIKA FAVÈ PARISH THEATRE – CAMPITELLO AT 9.00 P.M.

The mountain guide Marika Favè presents the most interesting moments of her adventure on Cerro Mascara in Patagonia.

### SCHUHPLATTLER SHOW MOLIN DE PEZOL – LOC. PERA/SÈN JAN DI FASSA

The folk group from Campitello performs in its most beautiful dances.

## Itineraries

### IN THE WILD VALSORDA

Every logger in Fassa knows this valley. The wonderful and wild Valsorda, which brings to the Latemar, stores along the namesake stream the tracks of the old "cava de le bore" (cave of trunks), a passage for logs and woods five km long, built with stones and rocks, attentively studied, from its slopes to its bends. In winter the frozen cave used to become a sleigh slope where, until the Seventies, thousands of cubic metres of wood passed by. To discover this itinerary, start from Forno di Moena, following path n. 516, which starts from the entrance of the cave, which will be crossed in many spots. Arrived at Valsorda dairy (1676 m - 2 hrs), expert hikers can go on towards Bivouac Latemar (2365 m - 1 h), whereas the less trained can walk along path n. 517 leading to Medil, thence to Forno or to Medil.

The complete schedule of the events is available by the tourist offices of the valley.

## Initiatives for our guests

### AUGUST 20 FROM 7.00 A.M. - CAMPITELLO LET'S FLY!

FLYING LIKE AN EAGLE WITH THE TANDEM PARAGLIDE. ENROLMENT: SPORT CHECK POINT (ACTIVITY AGAINST PAYMENT).

### AUGUST 20 AT 9.00 A.M. – LOC. VIGO/SÈN JAN DI FASSA ALONG THE PATHS OF VAL DI FASSA

WALK THROUGH LOCAL FLAVOURS AND KNOWLEDGES ALONG THE "ALTA VIA DEI FASSANI" (MEETING BY THE TOP STATION OF THE CABLE CAR CIAMPEDIÈ).

### AUGUST 20 AT 9.30 A.M. – CANAZEI SINGLE TRAIL MTB TOUR

INSIDIOUS DESCENTS FOR BIKERS, WITH THE TIPS OF THE GUIDES. ENROLMENT: SPORT CHECK POINT (ACTIVITY AGAINST PAYMENT).

## Did you know that...

A Eastern tradition that is still alive in Val di Fassa is the painted eggs battle, resumed with the Ladin word "pechenèr". The couple game (in the past reserved to the men), sees the participants trying to break the opponent's eggshell, conquering the egg. Once upon a time, women and especially marriageable girls would paint the eggs and when a possible finacé would come to visit them, they would give him 5 eggs, according to the Ladin proverb that says: "Un no l'è da dèr, doi no i è da tor, trei vegn dal cher, cater l'è da mat e cinch l'è d'amor" (One is not to be given, two are not to be taken, three come from the heart, four are for crazy, five are for love).

Initiatives reserved to the guests with the Val di Fassa Card (ask your hotel/apartment). Enrolments required within the previous day by the Tourist Offices. The activities are reserved to the guests of the associated structures of Val di Fassa Tourist Board.

WE THANK

