Suggestions and tips for your holiday. Edited by Apt Val di Fassa

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In case of bad weather, the concert of Dakhabrakha (in the picture) takes place at the theatre Navalge in Moena at 5.30 p.m.

### HIGHLIGHT

# SCENERY AND MUSIC WITH THE **DAKHABRAKHA AT "THE SOUNDS"**

They are original, theatrical, cutting-edge. The Ukrainian music band Dakhabrakha (which means "give/take" in ancient Ukrainian) performs today at 12.00 p.m. in Val San Nicolò, by the mountain hut Baita alle Cascate. This group raises much interest, for its being able of creating new sound worlds, taking from the traditional repertoire but re-inventing it, with contemporary influences. The DakhaBrakha, according to the critics, bring together the scene of the avant-garde urban theatre and the life in the villages that feed Ukraine cultural richness, showing the euphoria of the most fascinating part of the East European folklore. The location of the concert can be reached from Pozza to the car park Sauch in Val San Nicolò and then on foot (1 hour walking).

### Today in the valley

### ETTORE CASTIGLIONI ON THE BIG SCREEN REFUGE MARMOLADA CASTIGLIONI - LOC. FEDAIA/CANAZEI AT 8.00 P.M.

The film directors A. Azzetti and F. Massa introduce then film "Oltre il Confine - La storia di Ettore Castiglioni". The projection follows.

#### **FIREMEN SHOW**

#### ELEMENTARY SCHOOL YARD - LOC. VIGO/SÈN JAN DI FASSA AT 9.00 P.M.

The local voulonteer firemen show their transport means and the main  $% \left( 1\right) =\left( 1\right) +\left( 1\right$ manoeuvres they execute.

# THREE GENERATIONS ON THE HIMALAYA PIAZ DE CIAMPEDEL SOUARE - CAMPITELLO AT 9.00 P.M.

The mountaineer Almo Giambisi, Sergio Valentini and Sebastiano Valentini narrate their different experiences on the mountain system "Dimora delle nevi".

# Itineraries

### FROM PIAN DE FRATACES TO COL RODELLA

This amazing hike starts in Canazei. Drive (or walk) towards the hotel Lupo Bianco at Pian de Frataces, park your car and leave the street going towards the bridge over Ruf de Antermont stream. Cross it and take path n. 655 that follows Col de Pica forest road. When you reach Ruf de Val stream, go on to the limit of the wood towards the Costa Rossa. Turn right and go up to Pian de Marizanela. You will have to face a steep track to the hollow of Val. Once arrived at a crossroads, go left ascending a wide plain (0,45 h), then cross it and go up entering Val Salei, proceeding towards Passo Sella (not much over Rifugio Valentini; 0,30 h; 1,15 h). From here, go left towards Rifugio Des Alpes (0,45 h; 2,00 hrs): here take the path that in 15 minutes brings to Col Rodella (2.484 m).

The complete schedule of the events is available by the tourist offices of the valley.

# Initiatives for our quests

# AUGUST 29 AT 8.30 A.M. - LOC. POZZA/SÈN JAN DI FASSA **AROUND THE MOUNTAIN DAIRIES**

COLOURS, PERFUMES AND FLAVOURS OF JUMELA (EXCURSION AGAINST PAYMENT).

## **AUGUST 29 AT 8.30 A.M. - CAMPITELLO SELLARONDA MTB TOUR**

IT IS A COVETED ITINERARY, TO BE FACED WITH A BIKE GUIDE. ENROLMENT: SPORT CHECK POINT (EXCURSION AGAINST PAYMENT).

## **AUGUST 29 AT 9.00 A.M. - LOC. PIAN TREVISAN/CANAZEI** AT THE SOURCES OF THE GLACIER

ASCENT TO THE "MARMITTE" OF THE MARMOLADA, WITH ARRIVAL AT THE FEDAIA LAKE. ENROLMENT: SPORT CHECK POINT (EXCURSION AGAINST PAYMENT).

# Did you know that...

"Tobià" or "tabià", that's how the hayloft is called in Ladin. The most ancient structure was completely in wood but, with the time, it would be integrated with a basement in dry stone. The Tobià, attached but separated from the house, used to host the stable at the lower floor, with the "cianèl, the wooden manger and the foodstuff storage. On the upper floow there was the hayloft, with the "palancins" and the "barcons" (balconies), that would often have give access to the ramp or to the bridge (in stone or dirt), pn which the "cèr" or "masaria da fen", the wagon charged with hay, would be pushed with just the strength of the arms.

Initiatives reserved to the guests with the Val di Fassa Card (ask your hotel/apartment). Enrolments required within the previous day by the Tourist Offices. The activities are reserved to the guests of the associated structures of Val di Fassa Tourist Board.









