



GOOD MORNING VAL DI FASSA



Suggestions and tips for your holiday. Edited by Apt Val di Fassa

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This is the best period to train in the nature, oxygenating the body.

HIGHLIGHT

THE BEST GYM IS IN THE WOOD

No walls covered with mirrors, no tapis roulants and no modern engines. Here, the biggest benefit for body and mind can be found not within the four walls of a gym, but in the wood. You just need to follow the itineraries down in the valley and the fitness paths that invite you to move the muscles and test your balance and speed. These are green yards with wooden gym equipment with labels indicating the exercises. Movements that interrupt a fast walk or a walk with the children. An ideal training before hiking at altitude. The fitness paths can be found on the paths: between Canazei and Campitello (3 km) and between Fontanazzo, Campestrin and Mazzin (3 km) with the possibility to start from every village and in Soraga (1,5 km).

Today in the valley

THE GREAT WAR EXHIBITION

GREAT WAR MUSEUM 1914-1918 - LOC. FEDAIA/CANAZEI 10 A.M. -12.30 P.M./2-5.30 P.M.

Interesting collection of objects and documents belonging to the soldiers that have fought on the Marmolada.

BETWEEN FANTASY AND REALITY

PLAYGROUND - LOC. VIGO/SÈN JAN AT 4 P.M.

Workshop for children about the tales collected in the book by Alberta Rossi entitled "Val di Fassa tra fantasia e realtà".

BY E-BIKE THROUGH THE TINY HAMLETS

MEETING POINT BY THE SPORT STAR SHOP - LOC. POZZA/SÈN JAN AT 4.30 P.M.

Guided itinerary throughout the suburbs of Vigo by e-bike.

Itineraries

DON MASSIMILIANO MAZZEL

Father Massimiliano Mazzel de l'Ors was born in Gries (1900 - 1977). He attended the middle school and the seminar in Trento, and was ordained priest in 1924. He has been one of the most staunch supporters of the Ladin trend: thanks to him, the first Ladin radio broadcast was transmitted in 1946 by the Rai from Bolzano. In 1963 he became president of the Union of the Ladins of Val di Fassa, in 1966 he founded the magazine "La Veis" (Avisio) and in 1967 he and professor Luigi Heilmann published the first dictionary Ladin of Val di Fassa - Italian, still a reference point for Ladin scholars.

The complete schedule of the events is available by the tourist offices of the valley.

Initiatives for our guests

JUNE 20TH AT 8.30 A.M. - CANAZEI

NOS MTB TOUR

DEMANDING GUIDED TOUR THROUGH BELVEDERE, ARABBA AND FEDAIA. ENROLMENT: SPORT CHECK POINT (ACTIVITY AGAINST PAYMENT).

JUNE 20 AT 10 A.M. - POZZA

SHALL WE BUILD A HUT?

TOOLS, INSTRUCTIONS AND A PROJECT MANAGER. BOYS AND GIRLS (7-14 YEARS) HAVE ALL THEY NEED TO BUILD A WOODEN HUT. ENROLMENT: SPORT CHECK POINT (ACTIVITY AGAINST PAYMENT).

JUNE 21ST AT 8.30 A.M. - MOENA

AROUND THE MOUNTAIN DAIRIES

FROM THE TOWN CENTRE, YOU CAN REACH THE PANORAMIC SPORT OF THE FARMHOUSE EL MAS, WHERE FARMYARD ANIMALS AWAIT YOU (ACTIVITY AGAINST PAYMENT).

Initiatives reserved to the guests with the Val di Fassa Card (ask your hotel/apartment). Enrolments required within the previous day by the Tourist Offices. The activities are reserved to the guests of the associated structures of Val di Fassa Tourist Board.

Did you know that...

This "Amazing hike" starts from the centre of Canazei: follow Via Roma street to the area called Ciuch and here go up along Strèda F. Dantone street, leading to Strèda Dolomites street. Follow the pavement towards Campitello, till Hotel Caminetto: here cross the street, reach the hotel and take the path ascending slightly to "Bosch da Ronch" wood. The trail keeps ascending till it comes to the hairpin bends that lead to Pian, over Campitello. Follow the street crossing this picturesque hamlet and take the path beginning from Strèda de Fossèl street. Walk until Baita Fraine, in Val Duron. From here, you can reach Rifugio Micheluzzi. To go back, you can either walk along the same route or descend the forest road leading to Campitello and on the nice walk along the Avisio river, come back to Canazei (3 hrs.).

WE THANK

