



# GOOD MORNING VAL DI FASSA



TODAY



TOMORROW



Suggestions and tips for your holiday. Edited by Apt Val di Fassa

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By the tourist offices you can find the brochures of the "Sport Check Point" centres (with addresses), open every day (8.30 a.m. -12 p.m. and 3-7 p.m.).

## HIGHLIGHT

### THE "SPORT CHECK POINTS" BECOME FOUR

If you want to make your holiday a concentrate of experiences to remember, you can find the right organization in the "Sport Check Point" of Fassa to turn this desire into reality. There are four offices - in Canazei, Campitello, Pozza and Moena - which gather associations and professionals of many outdoor and leisure activities to do in the valley. Their offer is structured in order to satisfy both the most hardcore in the outdoor activities and the placid souls: MTB tours, cultural excursion and adventures in the nature, horse-rides, Nordic walking, tennis, paragliding, fun at the adventure parks, ice skates, grass skiing, swimming and climbing sessions, via ferratas and trekking. And for those who can't choose, there is the staff of the centres that can give tips and book the activities.

## Today in the valley

### WHEN RE-USING AT THE MARKET

**EVENTS PAVILION - LOC. ISCHIA/CAMPITELLO 10.00 A.M. - 6.00 P.M.**

The best way to help the environment is giving a second life to well-maintained and still useful objects.

### WHEN THE BRASS BAND COMES

**EVENTS PAVILION - LOC. POZZA/SÈN JAN AT 9.00 P.M.**

The musicians of the "Musega da Poza" brass band entertain the public with their appreciated repertoire.

### "VALFASSA" CHOIR SINGING

**EVENTS PAVILION - LOC. VIGO/SÈN JAN AT 9.15 P.M.**

One of the most appreciated choirs among tourists and local people performs in a mountain chants concert.

The complete schedule of the events is available by the tourist offices of the valley.

## Initiatives for our guests

**JUNE 22ND AT 8.00 A.M. - CANAZEI**

### PANORAMA TREK

ALONG THE RIDGE BETWEEN CIAMPAC AND VAL DE GREPA WITH THE MOUNTAIN GUIDES. ENROLMENT: SPORT CHECK POINT (ACTIVITY AGAINST PAYMENT).

**JUNE 22ND AT 9.30 A.M. - POZZA**

### NORDIC WALKING FOR TWO

LESSON FOR TWO TO LEARN HOW TO WALK CORRECTLY IN THE NATURE. ENROLMENT: SPORT CHECK POINT (ACTIVITY AGAINST PAYMENT).

**JUNE 22ND AT 10.00 A.M. - CAMPITELLO**

### AT THE GALLOP

GUIDED HORSE-RIDE ALONG A BEAUTIFUL ITINERARY. ENROLMENT: SPORT CHECK POINT (ACTIVITY AGAINST PAYMENT).

Initiatives reserved to the guests with the Val di Fassa Card (ask your hotel/apartment). Enrolments required within the previous day by the Tourist Offices. The activities are reserved to the guests of the associated structures of Val di Fassa Tourist Board.

## Itineraries

### FROM POZZA TO MALGA ALOCH

This walk, which is affordable for many people, leads from the town-centre in Pozza to Malga Aloch. At the crossroads between the streets Strada de Meida and Strada de Fraina, go on along a road that goes through the houses that soon leads to a slightly uphill path in the wood. After the first crossroads, go on until a second one and go left, especially if you are walking with children and strollers and if you want to avoid to struggle. Those who go on straight, instead, after having overpassed a short uphill stretch, will get to the meadows through which, after a short descent, they will reach Malga Aloch. From here, you can enjoy a beautiful landscape over Pozza and Vigo and over the Roda di Vael. Go back along the same itinerary.

## Did you know that...

For many centuries Val di Fassa and its economy remained almost "static". Since 1800 many important historical changes paved the way to crucial transformations. Until 1850, almost all men of the valley used to work as farmers, as reported in military service documents. Afterwards, they start to be registered as bricklayers, painters or carpenters. This change is indicative of an important evolution within the society. The arduous and infertile mountain agriculture underwent a heavy decline, hence local communities began to be mainly composed by wage earnings workers.

WE THANK

