



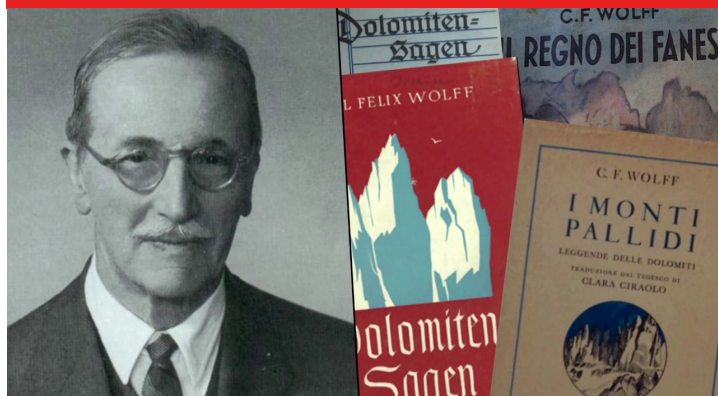
GOOD MORNING VAL DI FASSA

TODAY

TOMORROW

Suggestions and tips for your holiday. Edited by Apt Val di Fassa

07/08/2019



The local cheese and wines tasting is proposed by the cheese factory Val di Fassa and by Enoteca Valentini.

HIGHLIGHT

"THE GREAT ROAD OF THE DOLOMITES" ACCORDING TO WOLFF

In between a guide and a travel diary, so in fashion nowadays (especially in its social version). Such is "Monographie der Dolomitenstraße" ("Monography of the road of the Dolomites"), written in 1908 by Karl Felix Wolff (1879-1966), author of "The Pale Mountains" (the most famous publication about the Ladin legends). Only the first book was completed with an introduction and a detailed description of the valley, and then was integrated with an unrevealed chapter about the Marmolada, published in Italian edited by Fabio Chiocchetti. The monography will be the topic of the today's first appointment of the 2019 edition of "Un Aperitivo e un Autore al Museo Ladino", at 5.30 p.m. The review, taking place every Monday in July and in August by the Ladin museum in Sèn Jan, combines cultural matters with local products tastings.

Today in the valley

A ROPE, TWO HEARTS AND A PASSION

TOWN COUNCIL MEETING ROOM – LOC. VIGO/SÈN JAN AT 9.00 P.M.

Meeting with Giuliana Steccanella and Sergio Coltri, for the review "Dolomiti e Patrimonio Alpinistico Ladino".

FOLKLORE IN THE SQUARE

PIAZ MARCONI - CANAZEI AT 9.00 P.M.

Introduction to the weekly programme of the activities with the entertainment of a local folk group.

THE WAR ON THE MARMOLADA

LA GRAN CIASA - SORAGA AT 9.15 P.M.

The Great War on the Queen of the Dolomites, described by the expert of Gabriele Valentini.

Itineraries

THE TOUR OF THE SASSO PIATTO

Drive from Canazei to Sella Pass (13 km), go down along some hairpin bends and park nearby Rifugio Passo Sella. Take path n. 525 that heads to the Sassolungo pass (2.681 m; 1,30 h) and to Rifugio Toni Demetz. The less-prepared hikers can take the cable car that leaves from the car park to reach it. From Demetz the route skirts on a scree the Sassolungo Peak, to Rifugio Vicenza. Descend to the hollow along path n. 525, till the crossroads with path n. 527. Take the latter that skirts the massif of Sasso Piatto towards Giogo di Fassa (2.305 m; 1,30 h) and Rifugio Sasso Piatto. Proceed on path n. 4 passing by Rifugio Sandro Pertini and Rifugio Friedrich August (2.300 m) and thence to Rodella Saddle, from where you can go back to the car park.

The complete schedule of the events is available by the tourist offices of the valley.

Initiatives for our guests

JULY 9TH AT 8.45 A.M. – POZZA ON THE "FORGOTTEN PATH"

A TRAIL TO DISCOVER, RICH IN PLANTS, FOSSILS AND ANIMALS. MEETING POINT ON TOP OF THE CABIN LIFT BUFFAURE (LIFTS AGAINST PAYMENT).

JULY 9TH AT 9.00 A.M. – MOENA YOUNG CLIMBERS

CLIMBING COURSE FOR CHILDREN (7-14 YEARS OLD) WITH THE HELP OF THE MOUNTAIN GUIDES (ACTIVITY AGAINST PAYMENT).

JULY 9TH AT 2.30 P.M. – VIGO SO MANY GAMES BY THE FARMHOUSE

WORKSHOPS, ACTIVITIES AND HEALTHY TASTINGS FOR CHILDREN AND ADULTS BY THE FARMHOUSE SOREIE (ACTIVITY AGAINST PAYMENT).

Did you know that...

In the past centuries, mothers in Val di Fassa used to wean their babies very soon after birth as they didn't have enough milk because of the overload of work in the fields and at home, to which they usually went back short after the childbirth. Sometimes they happened to have to give the children the "jufa da pop" (a rye or wheat flour diluted in cow milk or water) before the christening. This phenomenon was strictly linked with infant mortality rate: if the infant was strong and had a good stomach, he could digest this mixture. Otherwise, he would have died because of digestive problems.

Initiatives reserved to the guests with the Val di Fassa Card (ask your hotel/apartment). Enrolments required within the previous day by the Tourist Offices. The activities are reserved to the guests of the associated structures of Val di Fassa Tourist Board.

WE THANK

