



GOOD MORNING VAL DI FASSA



Suggestions and tips for your holiday. Edited by Apt Val di Fassa

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The "DoloMyths Run Vertical Kilometer" takes place on July 19th and the "DoloMyths Run Skyrace" on July 21st.

HIGHLIGHT

"DOLOMYTHS RUN": 4 RACES IN 8 DAYS

"Dolomyths Run", the local mountain running festival that starts today and finishes on July 21st. There will be three challenges, Ultra, Vertical and Skyrace. The schedule starts today with the "Sellaronda Ultra Trail" along 61 km, with departure and arrival in Colfosco (as usual, it alternates between Canazei and the village in Val Badia) and passage through Canazei where, instead, the interesting, new race of the 2019 edition takes place: the "Half Dolomyths Run Sellaronda". The new track gives the possibility to face the most demanding (for its length) Salomon race, but on a reduced track. 26 km to be covered around the Sella massif (1600 km of positive altitude gap), between the departure in Canazei and the arrival in Colfosco, where all the competing sky runners meet.

Today in the valley

ON THE PASSES OF THE "DOLOMITICS"

DOLOMITIC PASSES - VAL DI FASSA ALL DAY LONG

The Dolomitic passes of the Ladin valley are among the most interesting points bike marathon track that starts from Fiemme.

CIAJEOLE CELEBRATING

CIAJEOLE NEIGHBOURHOOD - MOENA FROM 10 A.M.

the characteristic neighbourhood, the most ancient of the village, celebrates with music, good food and the works of the wood carvers.

AT ALTITUDE BEYOND THE LIMIT

PARISH THEATRE - CAMPITELLO AT 9.00 P.M.

Meeting with the alpinist Nicolaj Niebur that has been on the Everest, despite some difficulties.

Itineraries

FROM MOENA TO SAN PELLEGRINO PASS TO FUCIADÉ

The state street n. 346 connects the town of Moena to San Pellegrino Pass (1.919 m). Descend for some 200 metres on the other side of the mountain Pass and after an overpass, turn left into the road ascending towards Hotel Miralago, where you have to leave your car. You can also park in the broad parking area on your right, before the overpass. From Miralago starts an easy dirt road, mostly flat, which brings you to the beautiful hollow of Fuciade, an extraordinary limestone Amphitheatre surrounded by imposing mountains, whose Ladin names are L'Om, Jigolè, Sas de Valfreida. The place is also particularly interesting from the botanic point of view, due to the presence of many plants and flowers, some of which are one-of-a-kind. The itinerary ends at Fuciade Hut (1.972 m; 1 h). Take the same route to go back.

The complete schedule of the events is available by the tourist offices of the valley.

Initiatives for our guests

JULY 14TH AT 8.30 - CAMPITELLO

SASSOLUNGO MTB

BIKE RIDE AROUND THE PEAKS OF THE BEAUTIFUL DOLOMITIC CHAIN WITH A BIKE GUIDE. ENROLMENT: SPORT CHECK POINT (TOUR AGAINST PAYMENT).

JULY 14TH AT 8.45 - CANAZEI

DOLO-MYTHICAL SUNDAY

TREK WITH SOME EASY CLIMBING STRETCH WITH THE MOUNTAIN GUIDES. ENROLMENT: SPORT CHECK POINT (EXCURSION AGAINST PAYMENT).

JULY 16TH AT 9.00 A.M. - POZZA

CLIMBING FOR CHILDREN

CLIMBING COURSE FOR CHILDREN (7-14 YEARS OLD) WITH THE TIPS OF THE MOUNTAIN GUIDES.

Did you know that...

"Le pope del Latemar" (The girls of Latemar) is a legend that tells about young shepherds that one day were asked by an old man whether they had found a knife with a gold handle. Minega found it in the grass and gave it to the old man, who invited her to express a desire. She wanted a doll. Minega told a foreigner woman what had happened, and she said not to trust him, because he owned more than he looked like, such as dolls with silk clothes, brocade and gold coins. The following day, Minerva followed her advice and a procession of dolls appeared in the sky and became rock.

Initiatives reserved to the guests with the Val di Fassa Card (ask your hotel/apartment). Enrolments required within the previous day by the Tourist Offices. The activities are reserved to the guests of the associated structures of Val di Fassa Tourist Board.

WE THANK

