

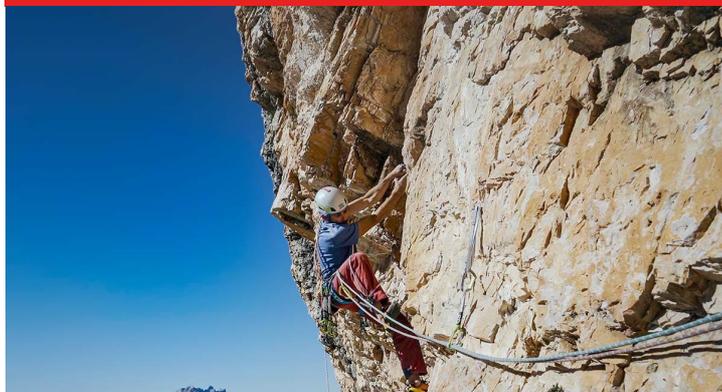


GOOD MORNING VAL DI FASSA



Suggestions and tips for your holiday. Edited by Apt Val di Fassa

07/30/2019



Nicola Tondini, alpine guide since 1999 and national instructor since 2001, has been living the mountain in all its dimension for his entire life.

HIGHLIGHT

DO NOT BE AFRAID OF DREAMING, FROM THE REALITY TO THE BIG SCREEN

The protagonist of "Do not be afraid of dreaming" is Nicola Tondini, one of the strongest climbers in Italy, who can be admired in action on his route that has given the name to the docu-film, directed by Klaus Pierluigi Dell'Orto. Today at 9 p.m., the work - launched at the last Trento Film Festival, will be projected in the square of Campitello. The film alternates climbing moments and meetings with alpinists such as Christoph Hainz, Reinhold Messner and Hansjorg Auer (who recently passed away) and deals with the importance of maintaining the sense of adventure in the mountains. The inner quest leads to a realization on wall for Tondini, of lines that are the outcome of dreams, but open with his own abilities only. A reserach that is the realization of the need of maintaining the mountain as a whole environment, heritage of everybody.

Today in the valley

CLASSIC NOTES

PIAZ MARCONI - CANAZEI AT 9 P.M.

Master Paolo Bernard performs in a piano concert playing some classic tracks by famous composers.

LONG LIVE THE BANDS

THEATRE NAVALGE - MOENA AT 9 P.M.

The brass band of Moena and the brass band of Faedo perform in their most beautiful repertoires.

IN HONOUR OF "MINAMIA"

EVENTS PAVILION - LOC. VIGO/SÈN JAN AT 9.15 P.M.

The tonight tribute is dedicated to the music stars Mina and Mia Martini.

Itineraries

FROM CANAZEI TO GRIES

This easy walk starts from the centre of Canazei. From here, run down the Roma Street and take the Cercenà Street on the left. Few meters after the bridge on the Avisio river, walk leftwards on the higher path that skirts upward the park of the Residence Villa Avisio. Continue beyond the plank that signs the limit of the meadows, keep on walking by the skilift Avisio, and follow its stream for a while. Then, you will cross a little wood and, after a short descent, walk again down by the stream. Walk nearby a wide pasture, thereafter, enter the wood cobbled with a gorgeous moss-covered carpet. Then, come out on the state road near Pènt (=bridge in Ladin) de la Roa. Overpass it and come back to Canazei along Pareda Street.

The complete schedule of the events is available by the tourist offices of the valley.

Initiatives for our guests

JULY 31ST AT 8.30 A.M. - CANAZEI AROUND THE MOUNTAIN DAIRY FARMS

THE CONTRIN REFUGE IS A CONCENTRATE OF KNOWLEDGES AND HEALTHY FLAVOURS (EXCURSION AGAINST PAYMENT).

JULY 31ST AT 9 A.M. - CANAZEI YOUNG BIKE RIDES

EASY SINGLE TRAILS WITH THE BIKE GUIDE, TO IMPROVE THE TECHNIQUE SINCE A VERY YOUNG AGE (7-14 YEARS OLD; ACTIVITY AGAINST PAYMENT).

JULY 31ST AT 5.30 A.M. - MOENA BIO-PILATES IN THE OPEN AIR

TRAINING WITH THE INSTRUCTOR AT SUNSET. ENROLMENT: SPORT CHECK POINT (ACTIVITY AGAINST PAYMENT).

Did you know that...

Up to some years ago, the "portacote", were very common objects in Val di Fassa. Made in the wood, some of them were even carved and finely decorated, and they would be used to contain the "cote",

Initiatives reserved to the guests with the Val di Fassa Card (ask your hotel/apartment). Enrolments required within the previous day by the Tourist Offices. The activities are reserved to the guests of the associated structures of Val di Fassa Tourist Board.

WE THANK

