



# GOOD MORNING VAL DI FASSA



TODAY



TOMORROW



Suggestions and tips for your holiday. Edited by Apt Val di Fassa

09/07/2019



The first 5 ranked in the several categories will be awarded at 3 p.m. in the square Piazz de Sotegrava.

## HIGHLIGHT

### “VAL DI FASSA MARATHON” PLAYS IN ADVANCE

Today, from 10.30 a.m. in the square Piazz de Sotegrava in Moena, takes place an unusual edition of the “Val di Fassa Marathon”. Thanks to the dedication and the commitment of the MTB race organizing committee, the competition (scheduled for September, 8th) has been anticipated (due to bad weather). But most important, despite the strong impact on the territory of the Vaia storm that hit woods and paths last October, a circuit of 37 km has been settled. The track presents all the characteristic features of the competition, with 5 demanding uphill, the third of which is that of the Lusia Alp that always makes the difference between athletes and amateurs, and as many descents: one on forest road and 4 on single track. On 11.45 a.m. the first athletes are awaited at the arrival, at 12 p.m. time for the lunch “Mountain street food” and, at 3 p.m., for the awardings of the winners

## Today in the valley

### 5 WAYS TO ATTEND THE “SAN PELLEGRINO GREEN DAY” ALONG SAN PELLEGRINO PASS - MOENA FROM 10 A.M. TO 4 P.M.

Street road, mtb, e-bike mtb, skiroll and running. These are the 5 disciplines with which you can take part in this eco-friendly climb to San Pellegrino pass.

### LONG LIVE THE “GRAN FESTA”

#### PAVILION IN STRÈDA DE PAREDA - CANAZEI FROM 11.30 A.M.

Aperitif, lunch and dinner by the big tent where you can find excellent traditional food and wine and the folk music by the “Bodensee Quintett” and the “Mürztaler”.

### THE FINAL SESSION OF THE MINI BIKE

#### PRA DEL PREVE - SORAGA AT 1 P.M.

The Mini Bike circuit of Fassa and Fiemme concludes with an involving race for children, organised by the 3Esse sport society.

The complete schedule of the events is available by the tourist offices of the valley.

## Initiatives for our guests

### SEPTEMBER 8TH AT 7 A.M. – CAMPITELLO

#### HAVE FUN FLYING

DO YOU WANT TO EXPERIENCE THE THRILL OF FLYING? DO IT WITH A TANDEM PARAGLIDE. ENROLMENT: SPORT CHECK POINT (ACTIVITY AGAINST PAYMENT)

### SEPTEMBER 8TH AT 8.45 A.M. - CANAZEI

#### A DOLO-MYTHIC ADVENTURE

CLIMBING WITH DEMANDING PASSAGES AND ABSEILING WITH THE ALPINE GUIDE. ENROLMENT: SPORT CHECK POINT (ACTIVITY AGAINST PAYMENT).

### SEPTEMBER 8TH AT 9 A.M. – VIGO

#### WALKING THROUGH KNOWLEDGES AND FLAVOURS

EXCURSION TOWARDS THE RODA DI VAEI, AT THE RESEARCH OF ANCIENT MOUNTAIN PRACTICES. MEETING POINT ON CIAMPEDÈ (LIFTS AGAINST PAYMENT).

Initiatives reserved to the guests with the Val di Fassa Card (ask your hotel/apartment). Enrolments required within the previous day by the Tourist Offices. The activities are reserved to the guests of the associated structures of Val di Fassa Tourist Board.

## Itineraries

### FROM SELLA PASS TO COL RODELLA

This itinerary starts from Rifugio Passo Sella (at 2.244 m), soon after the namesake pass, easy to reach by car from Canazei (around 13 km). From here follow the path n. 557-4, toward the pass Forcella Rodella (at 2.318 m – 0,40 h) and take the path, which brings quickly to Rifugio Des Alpes (at 2.387 m). Along an easy track on the eastern ridge of the mountain, go up to Col Rodella’s peak (at 2.484 m – 0,15 h), where you can enjoy a wonderful view over Val di Fassa and the entire chain of the Dolomites. Go back following the same route. If you only wish to see the panorama, you can take the cable car from Campitello, to reach Rifugio Des Alpes (at 2.387 m – 0,20 h) and then the panoramic viewpoint of Col Rodella. Come back in the same way.

## Did you know that...

During the First World War, almost half of the woods in Fassa was downed and the wood used for military goals, without any payment to the local communities. The trunks of the youngest plants were used to weaponize the trenches, the walkways and the galleries. The hugest boards, instead, were used to build barracks of different sizes, both used as dormitories for the troopers and as deposits for food, equipment, arms and munitions. At the end of the war, it was necessary to massively reintegrate the wood, as the lack of the plants was causing landslides.

WE THANK

