



The ten huts taking part in "I Rifugi del Gusto" is distributed through the dolomitic mountain groups of Catinaccio, Sassolungo and Marmolada.

HIGHLIGHT

THE AUTUMN TIME WITH "I RIFUGI DEL GUSTO" IS SO MUCH FUN

Reaching an alpine refuge that welcomes us with a delicious dish conceived for the autumn season, is what gives us the energy and the wish of getting back on the road. This is why "I Rifugi del Gusto" is such a successful initiative and comes back again to Val di Fassa from September 21st to October 6th. Two weeks to experience at more than 2000 metres, also thanks to the numerous lifts open, choosing among 10 foody destinations. Which? These are the refuges taking part in the initiative proposing a couple of dedicated menus (€ 12 first course and dessert; € 20 single course and dessert), to let the hikers go back satisfied to the valley: Marmolada-Castiglioni, Friedrich August, Micheluzzi, Sasso Piatto, Roda di Vael, A. Fronza alle Coronelle, Stella Alpina Spiz Piaz, Antermoia, Baita Cuz and Fuciade.

Today in the valley

THE COMMEMORATIVE SHRINE

LADIN MUSEUM OF FASSA – LOC. SÈN JAN/VIGO FROM 10 A.M. TO 12.30 P.M. AND FROM 3 TO 7 P.M.

There's nothing more interesting than a visit to this museum to discover several aspects of the Ladin language and culture.

THE "GRAN FESTA DA D'ISTÀ" PARADE THROUGH THE VILLAGE – CANAZEI AT 3 P.M.

More than a thousand people between bands and folk groups with the best traditional costumes pass through the village between huge applause.

DANCING CHILDREN

EVENTS PAVILION – LOC. POZZA/ SAN GIOVANNI DI FASSA AT 9 P.M.

Unmissable appointment with the "Baby dance" for those who love to go wild to the rhythm of music.

The complete schedule of the events is available by the tourist offices of the valley.

Initiatives for our guests

SEPTEMBER 9TH AT 9 A.M. – CANAZEI AT THE SOURCE OF THE GLACIER

GUIDED EXCURSION THROUGH THE "MARMITTE" ON THE MARMOLADA. MEETING POINT AT FEDAIA. ENROLMENT: SPORT CHECK POINT (TOUR AGAINST PAYMENT).

SEPTEMBER 9TH AT 9 A.M. – POZZA A STEP AWAY FROM THE SKY

GUIDED FASCINATING EXCURSION THROUGH THE PEAKS WITH DEPARTURE FROM BUFFAURE. ENROLMENT: SPORT CHECK POINT (ACTIVITY AGAINST PAYMENT).

SEPTEMBER 9TH AT 3 P.M. - MOENA FAIRY SECRETS

EASY WALK AT THE DISCOVERY OF THE "FAIRY OF THE DOLOMITES". ENROLMENT: SPORT CHECK POINT (ACTIVITY AGAINST PAYMENT).

Initiatives reserved to the guests with the Val di Fassa Card (ask your hotel/apartment). Enrolments required within the previous day by the Tourist Offices. The activities are reserved to the guests of the associated structures of Val di Fassa Tourist Board.

Itineraries

FROM ALBA TO THE REFUGE CONTRIN

The cable car from Alba takes you up to Ciampac, where you walk through the grassy hollow and ascend to the left to Forcia Neigra (1,30 h). Follow path no. 613, getting across a pebbly stretch, thanks to the help of a sling that brings to the cleft between Torre Dantone and Sas Neigher. Skirt the rock, descending towards the ridge that separatethe valleys Val San Nicolò and Val Contrin. Cross over the side of Varos, reaching Passo San Nicolò (2.338 m). Cross the plain in front of the Marmolada's south face, descend Pré de la Vaces and skirt the rock of Lasté de Contrin. You arrive at Contrin hollow, passing by the namesake stream, then ascend to the namesake refuge (1 h; 4 hrs). Go back to Alba through Val Contrin and along some conclusive steep turns (1h; 5,15 hrs).

Did you know that...

Vigo was, in the past, the village that could boast the fields that were best exposed at the sunshine and, so, the most productive. The barley would give 5 times more seeds, rye would give 4 times more seeds, and also some wheat and legumes would grow there. On the contrary, in the less sunny Canazei it could even happen that the seeds wouldn't even mature, for several seasons. In the whole valley, the products of the cultivation were enough for maximum nine months every year, so it was usually necessary to buy those grown in the Adige valley.

WE THANK