



GOOD MORNING VAL DI FASSA



TODAY



TOMORROW



Suggestions and tips for your holiday. Edited by Apt Val di Fassa

07/15/2015



"Il Banchetto di Re Laurino" surrounded by the amazing setting of Ciampedic (2000 m) of Vigo.

TOP EVENTS

ROYAL BANQUET

When the sun is setting down behind the Dolomites peaks, at the Campedie hollow, above Vigo, tomorrow at 7.15 starts the "Il Banchetto di Re Laurino". Organised in collaboration with "Strada dei Formaggi del Trentino", the fascinating gastronomic tour among five refuges (easily reachable by cable car Catinaccio exceptionally open) is an amazing occasion for participants to taste delicious food from aperitivo to dessert all strictly prepared with local ingredients. With 35€ participants can enjoy the complete menu with music entertainment (including cable car ticket, stem glass and gadget). It is possible to purchase a ticket only for wine and beer tasting for 15€ (including cable car ticket and stem glass). Reservations Catinaccio cable car (0462 763242).

Today in the valley

FIorentina PLAYS WITH GYIROT GYOR

SPORTING CENTRE C. BENATTI - MOENA 5.30 P.M.

Fiorentina plays the second friendly match of its training camp lining up the Hungarian player Gyrot Gyor. Ticket: adults 10 €; kids (6-12 years old) 7 €; under 6 free.

DELICIOUS DATE

VILLAGE CENTRE - SORAGA 6 P.M.

"Golosando" a delicious stroll in the village across the gastronomic stands.

FOLKS NOTES

PARISH THEATRE - POZZA 9 P.M.

The band "Abies Alba" performs traditional regional folks music.

The complete schedule of events is available in the tourist offices of the valley.

Initiatives for our guests

JULY 16 8.30 A.M. - CANAZEI

AROUND THE MOUNTAIN FARMS

LIVESTOCK, PASTURES AND GENUINE FOOD AT THE CONTRIN FARM (PAID EXCURSION).

JULY 16 3 P.M. - MOENA

HONEYBEES

GUIDED STROLL TO DISCOVER THE BEES' LIFE AND THEIR HONEY. ENROLMENTS: SPORT CHECK POINT (PAID ACTIVITY).

JULY 17 9.30 A.M. - VIGO

MTB ALONG THE WONDERS PATH

EASY MTBIKE GUIDED EXCURSION. ENROLMENTS: SPORT CHECK POINT (PAID EXCURSION).

Itineraries

FROM ALBA TO CONTRIN REFUGE

The cable car from Alba takes you up to Ciampac, where you walk through the grassy hollow and ascend to the left to Forcia Neigra (1,30 h). Follow path no. 613, getting across a pebbly stretch, thanks to the help of a sling that brings to the cleft between Torre Dantone and Sas Neigher. Skirt the rock, descending towards the ridge that separates the valleys Val San Nicolò and Val Contrin. Cross over the side of Varos, reaching Passo San Nicolò (2.338 m). Cross the plain in front of the Marmolada's south face, descend Prè de la Vaces and skirt the rock of Lasté de Contrin. You arrive at Contrin hollow, passing by the namesake stream, then ascend to the namesake refuge (1 h; 4 hrs). Go back to Alba through Val Contrin and along some conclusive steep turns (1h; 5,15 hrs).

Did you know that...

During the second half of the nineteenth century, the Ladin language aroused the interest amongst scientists and linguistics who reached the valley and used to ask people from Fassa, usually concentrated on their work in the fields and on looking after the cattle, in order to understand the features of that spoken language. This way, they started to fix the first characteristics of Ladin. Among the most important scholars there was Christian Schneller, Austrian school inspector who in 1870 started off the official studies on the spoken language of the Dolomites, the Anania and Friuli.

Initiatives reserved to guests with the Val di Fassa Card (ask your hotel/apartment) enrolments required by the previous day at the Tourist Offices. Activities are reserved for guests of the associated structures of Val di Fassa Tourist Board

WE THANK

