

# **GOOD MORNING VAL DI FASSA**





Suggestions and tips for your holiday. Edited by Apt Val di Fassa

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Four appointments with Entorn Vich from July to August

#### **TOP EVENTS**

### **UNIQUE FLAVOURS AT "ENTORN VICH"**

A special evening today in Vigo from 8.15 p.m. entirely dedicated to local food, artisans, artists and music. Ancient crafts and folk melodies are the main elements of "Entorn Vich" but also traditional food in an extraordinary wide variety thanks to the collaboration of more than one hundred volunteers. Among the tasting, barely soup, polenta, sausages, "reclette" cheese Cher de Fascia, local salami, sweets and home-made jam, grappa and many others matched with excellent juices and regional wine. Participants can purchase two types of tickets in order to enjoy this delicious stroll; large carnet 17 samples 12€ and reduced 6€ for 4 wine samples both two include stem glass of the event.

### Today in the valley

### JAZZ WITH HELGA PLANKESTEINER TRIO

BAITA PARADISO - S. PELLEGRINO/MOENA 11 A.M.

For the festival "MoenArmonica", concert of the popular jazz band.

#### **GREAT WAR MEMORIES**

**TOWN HALL - POZZA 9 P.M.** 

The historian Luciana Palla explains the First World War between myths and facts in the Ladin valleys

### **ALBA UNDER THE STARS**

VILLAGE CENTRE - ALBA DI CANAZEI 9 P.M.

Pleasant stroll along the village across music, animation and delicious tastings.

### **Itineraries**

## FROM CIAMPEDIE AND PASSO CORONELLE TO GARDECCIA

The cable car takes you from Vigo up to Ciampedìe (1.998 m), where you can take path n. 545 to Roda de Vael refuge (2.283 m; 1,45 h). Continue then on path n. 549, to the southern layers of Majaré. At high altitude make for the western face of Roda de Vael, leading to the refuge A. Fronza (2.339 m; 1,30 h; 3,15 hs). After passing the rock way, at the crossroads turn right towards the rill that leads to Passo Coronelle (2.639 m; 1h; 4,15 hs), from where you descend the pebbly path tothe Davoi hollow. At the crossroads turn left on path n. 541 and passing below the east face of Catinaccio, through an easy path, reach the route that ascends to Preuss and Vajolet refuges. The descent to Gardeccia is on your right (1,15 h; 5,30 hs.); afterwards head to Ciampedìe (0,45h; 6,15 hs).

The complete schedule of events is available in the tourist offices of the valley.

### Initiatives for our guests

### JULY 22 FROM 7 A.M. - CAMPITELLO LET'S FLV

PARAGLYDING TANDEM FLIGHT WITH AN EXPERT INSTRUCTOR. ENROLMENTS: SPORT CHECK POINT (PAID ACTIVITY).

**JULY 22 5 P.M.- VIGO** 

### **ROCKY GAMES**

WORKSHOP FOR CHILDRENS INTRODUCTION TO THE MINERALOGY OF VAL DI FASSA.

### **JULY 24 8.30 A.M. - MOENA**

### **AROUND THE MOUNTAIN FARMS**

ABOUT THE MOUNTAINS FARMERS' LIFE AT MALGA BOCCHE (PAID EXCURSION).

### Did you know that...

Among the proverbs of Val di Fassa, there are 4 connected to the weather: "Canche I pief I desch soreie la stries se lava le oreies" (If it rains with the sun, the witches wash their ears); "L vent e I temp i a enseghit prescia de jir olà no se sa" (Wind and weather are hurried to go, but we don't know where); "An da neif, an da pan, bon angern bon doman" (Snowy year, year good for bread, good yesterday and tomorrow); "EI temp no a pester. EI fesc chel che I vel" (The weather hasn't got any master. He does whatever he wants).

Initiatives reserved to guests with the Val di Fassa Card (ask your hotel/apartment) enrolments required by the previous day at the Tourist Offices . Activities are reserved for guests of the associated structures of Val di Fassa Tourist Board











