



In the pic "Grup de la Mescrès da Delba e Penia" group, traditional leading characters of Ladin carnival: Lachè, Bufon and Marascons.

HIGHLIGHTS

SUMMER CARNIVAL

They wear beautiful wood-masks (hand-made by local artists) coloured costumes with large red ribbons and noisy cowbells. That's how the members of the carnival group "Gròp de la Mèscres de Delba e Penia" look like also in August to celebrate the Saint Patron of Penia St. Rocco. The feast started yesterday nearby the ancient Venetian sawmill - detached section of the Ladin Museum - and goes on today and tomorrow with music entertainment, traditional food and much fun. Tomorrow, after the Mass, the local brass band performs followed by traditional lunch and, at 3 p.m. grand parade of the folk groups from the square of Penia to the sawmill. Celebrations continue till night with music and dances.

Today in the valley

"OMEGN DA MONT" FEAST

EVENTS PAVILION - ISCHIA/CAMPITELLO WHOLE DAY

Celebrations in honour of the alpine guides and the mountain rescue. Gear blessing, parade to the mountain guides' monument and final refreshment.

MUSIC ON AUGUST 15TH

PIAZZA DE COMUN SQUARE - POZZA 9 P.M.

The topic feast of the summer with the band Cajones and their pop-rock songs.

TORCH LIGHT FOR VIRGIN MARY

PARISH CHURCH - PERA DI FASSA 9 P.M.

Torchlight procession for the Assumption. Celebrations take place also in Moena and Canazei (9 p.m.)

The complete schedule of events is available in the tourist offices of the valley.

Initiatives for our guests

AUGUST 16 FROM 7 A.M. - CAMPITELLO

TANDEM FLIGHT

PARAGLYDING TANDEM FLIGHT WITH AN EXPERT INSTRUCTOR. ENROLMENTS: SPORT CHECK POINT (PAID ACTIVITY).

AUGUST 16 8 A.M. - POZZA

CLIMBING EXPERIENCE

CHALLENGING ACENTS ON THE DOLOMITES WALLS, IN SAFETY WITH THE MOUNTAIN GUIDES. ENROLMENTS: SPORT CHECK POINT (PAID ACTIVITY).

AUGUST 16 8.30 A.M. - CANAZEI

FREERIDE MTB

MTB LESSON WITH THE GUIDE ON SINGLE TACK AND AT BIKE PARK. ENROLMENTS: SPORT CHECK POINT (PAID ACTIVITY).

Initiatives reserved to guests with the Val di Fassa Card (ask your hotel/apartment) enrolments required by the previous day at the Tourist Offices. Activities are reserved for guests of the associated structures of Val di Fassa Tourist Board

Itineraries

FROM CAREZZA TO PASCHÈ

The route starts from Carezza Pass (1,745 m). You come here easily driving from Vigo for ten minutes. Once you get here, walk towards the Lake of Carezza, until the Hotel Alpenrose, in the proximity of which there is the lower station of Paolina chairlift, which goes to Refuge Paolina at 2,125 m. Got here, you can continue the excursion on path no.539, and then path no.549: it will bring you in half an hour to Roda di Vael Refuge through a beautiful panoramic trail (2,238 m). From here, descend on path no.548, along the valley called Paschè, where lots of pretty marmots live. Go ahead in a mule track to Carezza Pass (1,15 h). Form the pass it takes about half an hour to get to the chairlift again, following the dirt patch parallel to the street (2,30 hrs.).

Did you know that...

The "mana" is the traditional flower and alpine herbs posy picked on 14th August by the Ladin people on the pastures, and let it bless for the Feast of the Assumption, in Ladin "Sènta Maria Maor". The bunch of flowers, recalling the Mary's fragrance, had to be hanged in the loft, were it blighted, in order to protect home, or it hanged up in the stable to protect the cattle. In case of illness, the animals were nursed with an infusion of "mana". The custom is still in vogue as the candlelight walk for the Assumption of Mary, that take place today in Moena, Pera and Canazei (9.00 pm).

WE THANK